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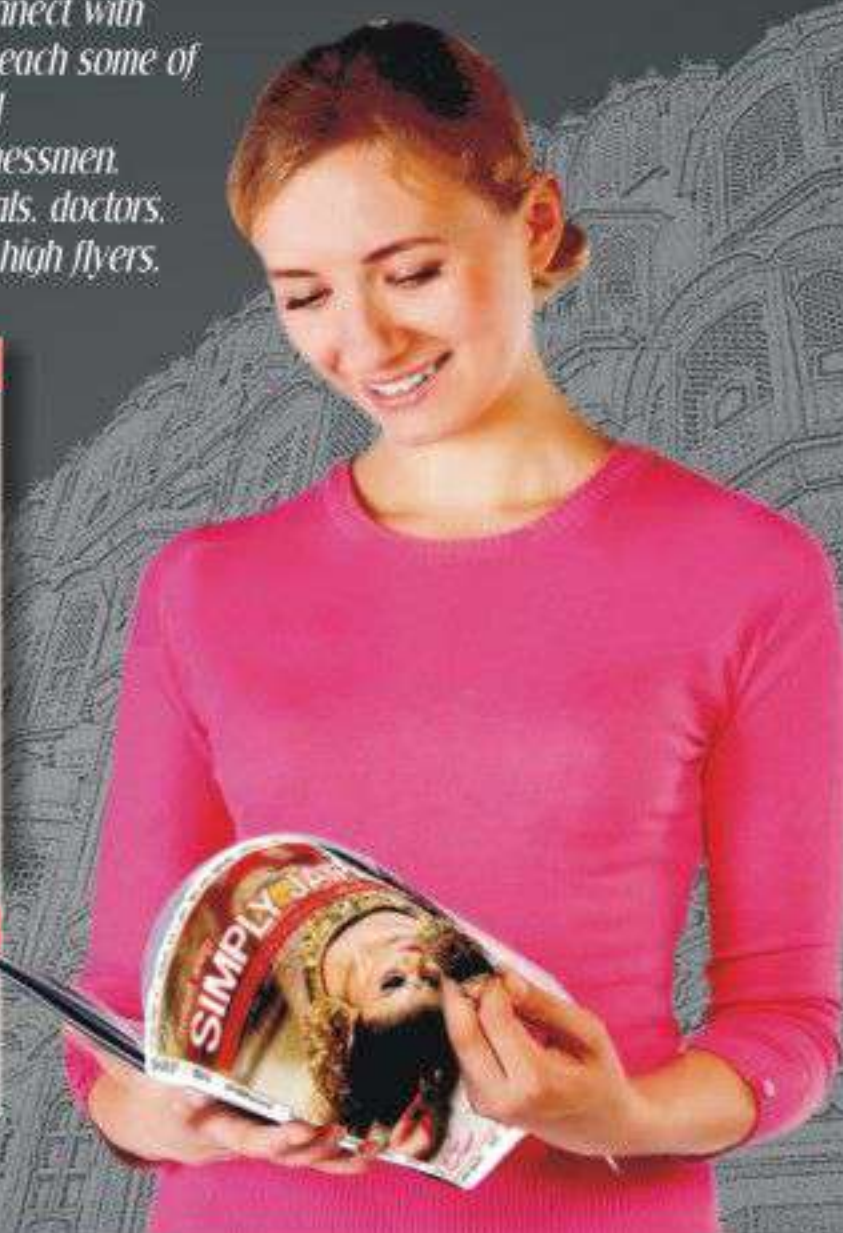
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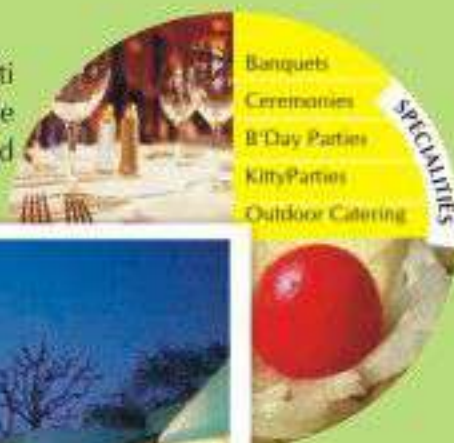
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KAMLA PODDAR
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LET'S
Celebrate
OVERSELVES

Let me start by wishing Anshu Harsh a big congratulations on the completion of the 5th year of her bilingual magazine, Simply Jaipur. And it is apt that the magazine run by this feisty yet gentle woman celebrates and discusses Female Empowerment in this issue.

Anshu is an example of broken barriers and pushed boundaries in how she navigates her life. How she chooses to integrate all that she is passionate about into her life of being an efficient home maker and an extremely participating mother. I met Anshu during the Rajasthan International Film Festival and in the short interaction I was able to gauge the strength and grit of this petite and gentle being. She is fortunate to have on this journey an extremely evolved and supportive life partner, Somendra Harsh.

So, let's celebrate Anshu and her spirit in this issue. Let's celebrate all the gifts that have come our way, because we were born women. Like Anshu, I have chosen to turn every weakness or challenge into an experience or sometimes even a small victory. We can either complain about all the things that are wrong with us...or we can overcome the obstacles to get to a higher note! Let's jointly create a dialogue about everything that bothers us. Let's engage in discussions about all that we would like to see changed. Let's take a more empathetic look at the male sex too, and see them also as victims of the same conditioning that we feel victimized by! And while we do this, let's also put a mirror to ourselves and see the cracks and the flaws in what that conditioning has done to us. Let's also take equal responsibility of the patriarchy that we have learnt just to



I am feeling glad and blessed to share that Simply Jaipur celebrating its 5 anniversary in this March. Guest Editors play a vital role in acquiring content and leading the review process for special issue publications, so its my pleasure to have Leena Yadav Director (Parched) as Guest Editor in this Edition.

Anshu Harsh
ANSHU HARSH
Owner, Publisher, Editor
& Editor-in-Chief

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complain about. Let's not forget that women are the first teachers to children. We have great power to change belief systems! Let's build a world where we stand together as men and women. Where we stand together with women too!

I attribute much of my strength and character development to some of the most nourishing relationships that I have had with women. In popular media, women are always pitted against women...let's learn to look through that. Let's look at our own lives and see the beautiful and solid women who have helped us along the way.

Let's celebrate ourselves and let's together move to a better tomorrow.

To end, I would like to share a few lines of a poem by Maya Angelou.

'Phenomenal Woman'

*"Pretty women wonder where my secret lies,
I'm not cute or built to suit a fashion model's size -
But when I start to tell them,
They think I'm telling lies.
I say,
It's in the reach of my arms
The span of my hips,
The stride of my step,
The curl of my lips:
I'm a woman
Phenomenally
Phenomenal woman,
That's me."*

LEENA YADAV

(DIRECTOR - PARCHED)



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SIMPLY JAIPUR | MARCH 2017 **11**



BUSINESS JOURNALS

We the team of Simply Jaipur, a unique destination for your own lifestyle magazine, welcome you. It is Rajasthan's first BI-LINGUAL monthly lifestyle magazine. As you are aware that our current March 2017 Edition which is already on the stands. We invite your presence in form of advertorial or advertisement in our April 2017 Edition in which we cover top personalities of Jaipur who have contributed in any way to lifestyle, society or through their profession. Our upcoming editions will be based on the customs and traditions of the local area. As well we will be highly delighted if anybody send us Travelogues about different tourist destinations.

We also have our presence online among the readers of all ages through Digital magazine. Our targeted group of reader varies from proactive and dynamic adults to people with higher household incomes.

All editions of SIMPLY JAIPUR are available online also, you can visit our online digital brochure at www.simplyjaipur.in. This 72 pages BI-LINGUAL publication features new trends of lifestyle in every edition.

In last four successful years, we have received great response from our readers not only from Rajasthan but also globally.

In our upcoming editions, we look forward to publish Life-style contents and for that we are providing advertising space for the local businesses. We also cater to your presence in form of Display Advertisement, Editorial, or Advertorial.

Keep in touch.

Regards,

SOMENDRA NATH HARSH
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आपके प्यार व स्नेह के साथ

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5
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OF SUCCESS

The Journey..

First step

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The international women's day is the day when it all started- the day when this little magazine was launched back in 2012. We are celebrating the fifth year of our magazine "Simply Jaipur", and you, being the ones who has made this possible and kept us going are our readers, and our special guests. We couldn't possibly have a party without you.

It happened, it evolved and it took shape of what it is today. We firmly believed in delivering our readers a good read and a crisp story of everything that needed attention in the city and beyond. And your response assured us that we are in the right direction. But it all wasn't that easy without the

faith of our special guests, and readers who entrusted us and believed in us. Today we have come a long way from being a publication house to becoming the annual award holders of many prestigious trophies, from being writers to connectors, from being magazine to a social change maker. Simply Jaipur is the proud guardian of Rajasthan Film Festival and Principal & Teachers Award.

On our fifth anniversary we want to sneak peek into the lives of some of the prominent figures of our city who has been associated with us right from the day of inception and how their life has evolved in the last five years along with ours.

When something is at a start there are few, who trusts and take the risk of being associated. When we were a baby there is one person who inspite of being a popular name in the state and in the country, in politics and in films, in commodity and social sector, confided in us and gave us a start. It

was none other than the very big hearted beautiful woman Bina Kak ji. She is the first cover lady of our magazine and holds a warm place in our hearts.

On our fifth anniversary we want to sneak peek into the lives of some of the prominent figures of our city who has been associated with us right from the day of inception and how their life has evolved in the last five year along with ours.



2012



2014



2013



2015



2016

This is the politician who loves playing many roles. From being a hardcore feminist to an environment lover, Bina Kak is a politician, actor and social activist. She is the lady who is a tigress in this patriarchal society we live in. Known for her extrovert nature and clear remarks on different issues, Bina Kak is a lady with gut and intelligence.

Bina Kak who was a minister in successive Congress governments held the post of forest minister and prior to that she was tourism minister. During the last five years she has been involved with lot of social activities. Being the chairperson of Umang ngo and associated with many other women and child related causes, this woman even at 63 is never out of work.

Her interest in drama from the early age of schooling and college paved her way into Bollywood with good amount of motivation from Salman Khan and family. The Khan and Kak family share a close bond. Those who are in politics or public life with little effort could handle any situation. When first time Bina appeared on the silver screen her appearance and acting looked effortless and brick by brick she became a known person in the industry as well. Her upcoming movie.....

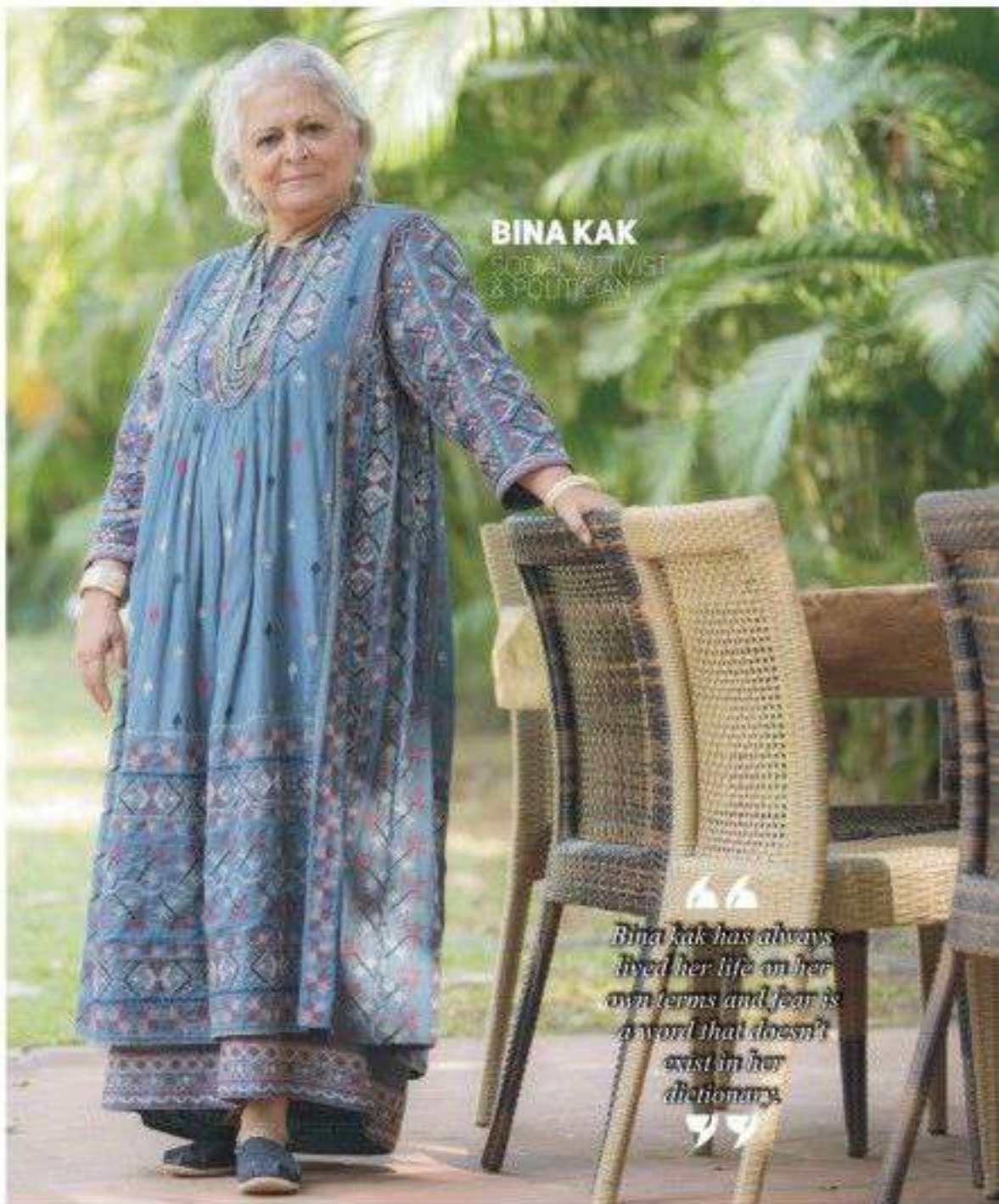
Bina Kak has always lived her life on her own terms and fear is a word that doesn't exist in her dictionary. Her win over attitude with a perfect mix of grace is what sets her apart from the crowd. The ex forest minister has now taken up to her passion of wildlife photography to the next level. Ranthambore that homes the majestic species is also the second home of this animal lover. Miss Kak received lot of applauds when through her photography she saved the life of a tiger family. The observant Minister, who spotted blood in the hind portion of the T-5 tigress in the photographs she took during a visit to the park, got the animal operated upon for cleaning a wound infested with maggots. The Minister, Bina Kak, is now being lauded by the conservation community not for saving one tiger but a whole family of three. Kak is also considering creating a corridor from Ranthambore to adjoining Kailadevi to ensure a smooth movement of the big cats in view of their increasing population.

Her inclination towards the conservation of flora and fauna in the five years is there to stay and make an impact.

ROAR OF THE JUNGLE SENTINEL

Bina Kak

SOCIAL ACTIVIST
& POLITICIAN



BINA KAK

EX-FOREST MINISTER
& SOCIAL ACTIVIST

Bina Kak has always lived her life on her own terms and fear is a word that doesn't exist in her dictionary.



SUDHIR MATHUR
SOCIAL ENTREPRENEUR

CLASS APART

Sudhir Mathur

SOCIAL ENTREPRENEUR

Whether it is the royalty matches of polo or the unique vintage car rallies, everything classy in Jaipur finds its association with Sudhir Mathur - a successful and a cherished socialite of Jaipur. He is much talked about because of his indo european abode in the heart of the fast pacing city. A perfect balance of nature and modern amenities surely makes it an enviable home. The last time we had him on our cover page, the story spoke about his love for nature and the minute details of his beautifully set up home sweet home.

Sudhir Mathur has been by our side in our five year journey and this gave us a chance to know the other side of this socialite. Committed to deliver the very essence of the statement, "THE POWER TO EMPOWER", for the people of Jaipur & Rajasthan. Giving back to the Society through various activities such as Swatch Bharat Mission; Beti Bacho - Beti Padhao; Helping deprived; working with handicapped and raising standards of giving on unconditional love and support, is what keeps him going.

From Heritage and Vintage restorations to working on Cancer Cure and thalassemia, he is leaving no stone unturned. Recently Sudhir Mathur has been awarded by several awards like Mathur Samaj Gaurav Award by Mathur Sabha, Jaipur in the month of January 2017 for Philanthropy work in the society. Awarded with Vivekanand Gaurav Honour by Rajasthan Yuva Chakra Sangh for social services on 12th February 2017. A Jaipur Jewel with a golden heart, was also Honoured by Maharaja Sawai Man Singh II Museum Trust, Jaipur with Raja Dulha Rai Award 2016 on the 22nd October 2016 for Social Services by Rajmata Padmini Devi ji of Jaipur.

Under his charitable trust-Raghu Sinha Mala Mathur Charity Trust, he has been actively serving for the cause of educational development by helping colleges in building up the new education infrastructure.

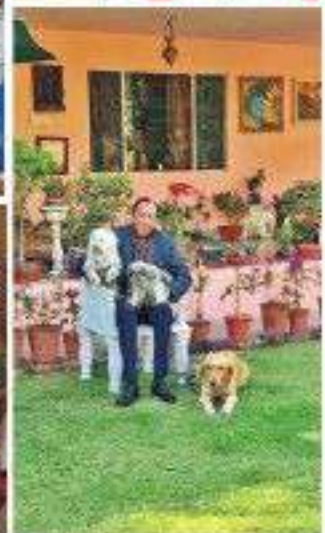
He has been also closely associated with most of the active NGOs of the city like Umang, Rays, Discha, Bhagwan Mahveer Viklang Sanstha Samiti etc. He is also associated with Shrutu Mandal a cultural society was created by the Suramas with the intention of promoting classical music and dance in Jaipur.

Giving to old people has always been Sudhir's priority. "The best way to take care of them is giving them a healthy environment and keep them engaged", says the assured man who did few tree plantation activities and have adopted few parks in Jaipur one of them is OLD AGE PARK. Passionate Lover of art and crafts he supports painters and craftsmen of Rajasthan under the banner of Mool foundation.

The list is endless and if we resolve to mention every work of Sudhir Mathur it would cover a number of pages before it comes to an end. For enthusiast like Sudhir Mathur more is less. May in the coming years he accomplish more of his cherished dreams.



Sudhir Mathur-a successful and a cherished socialite of Jaipur. He is much talked about because of his indo european abode in the heart of the fast pacing city.





KPI is resolved to serve the community and bring in the best in the interest of the youth of the city. A maverick and go getter. This lady has always lived life on her own terms. With an eye to notice the tiniest of opportunity, she is sure to be accredited with many more firsts in the nearest future.



KAMLA PODDAR

ENTREPRENEUR

LIVE A CREATIVE LIFE

Kamla Poddar

ENTREPRENEUR

Mrs. Kamla Poddar, the lady who is pioneer in bringing the first class fashion design education in the land of royals. She has been an educationalist and a businesswoman with a difference. In 1999, she started International Institute of Fashion Design (INIFD) in Jaipur and thus Kamla Poddar Institutes (KPI) was born. Today, offering a wide variety of courses, KPI has become a temple of learning and a stepping stone for thousands of students.

She now actively engages in jewelry design and taking up initiatives under the V.K. Poddar Foundation set up by her. She recently gifted the city yet another gift which sure will end our search for jewelry that reflects style and fashion both.

Kamla Poddar started with her label of costume jewelry design, apparels, bags and clutches called 'Ananti - eternal style' which carries her distinct signature. The products are extremely tasteful and contemporary fit for all age groups. In a very short span of time, the designs of 'Ananti' has been showcased in many national and international exhibitions.

Everything beautiful is associated with the very talented Kamla Poddar. After jewelry and fashion, it is flowers that have caught the interest of this entrepreneur and socialite of the city. She has brought in workshops on floral art with an international flair. Roping in the Kolkata based initiative 'Pushpa bitan' which has been internationally acclaimed, she is bringing in opportunities for enthusiasts and flower professionals to learn the trending floral art concept from across the world. Pushpa bitan has been actively giving opportunities to flower enthusiasts to learn new flower arrangements since its inception. Various workshops have been organized by qualified and renowned experts from UK based, NAFAS (National Association of Flower Arranging Societies) organized by Pushpa Bitan Jaipur chapter, an initiative of Kamla Poddar group and Ada.

This is not it! KPI is resolved to serve the community and bring in the best in the interest of the youth of the city. A maverick and go getter. This lady has always lived life on her own terms. With an eye to notice the tiniest of opportunity, she is sure to be accredited with many more firsts in the nearest future. INIFD has also spread its reach to London, Chicago, Paris, Toronto, Dubai, Indonesia, New York and may more. INIFD has also recently tied up with an established international fashion show

in London to give students a chance to showcase their collection. Daisy Tanwani student designer from INIFD Jaipur showcased @ Fashion Scout during London Fashion Week Spring/Summer 2017 and INIFD Fashion Designing student Arpita Advani who was among the 9 Winners also showcased her collection on the ramp at Fashion Scout during London Fashion Week on 18th February 2017.



MS. KAMLA PODDAR WITH MS. ELIZABETH T. WEHMAN INTERNATIONAL FLORAL DESIGNER FROM USA



MS. KAMLA PODDAR ENCOURAGING FASHION DESIGNER DAISY TANWANI ON THE RUNWAY

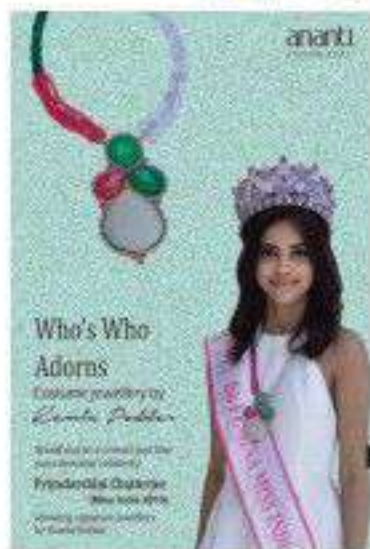
INIFD JAIPUR STUDENT AND FASHION DESIGNER DAISY TANWANI ON THE RUNWAY AFTER THE INIFD-LSI SHOW @ FASHION SCOUT DURING LONDON FASHION WEEK SPRING/SUMMER 2017



BOLLYWOOD STAR AMY JACKSON PRESENTED THE AWARDS TO INIFD STUDENT DESIGNERS DAISY TANWANI AT FASHION SCOUT DURING LONDON FASHION WEEK SPRING/SUMMER 2017



MISS INDIA 2016 MS. PRINADARSHINI CHATTERJEE ADORNING JEWELLERY DESIGN BY KAMLA PODDAR





NIRMALA SEWANI

THE HEALING MAGIC

Nirmala Sewani

THE PSYCHIC MAESTRO

The psychic maestro to us and all who know Nirmala Sewani, has god gifted psychic capabilities through which she has given a positive direction to a number of people. With her fast grasping power and years of experience it does not take long for Nirmala to decipher the problem and seek a favorable solution. Most of his clientele who are renowned politicians, prominent position holders and celebrities, have all praises for her fortune telling skills. Nirmala has spanned her career by an in-depth research of various astrological challenges her experience and calm composure helps you sail through any difficulty.

Voice Vibrations is one of the many different tools she uses to tune in to clients/friends to help with their questions and concerns. Each and every individual person that can speak has voice vibrations. These voice vibrations are as unique as each individual person's DNA. Just like there are no two snowflakes alike there are no two persons voice vibrations the same. "Voice vibrations are one of the strongest sources I have for tuning into your concerns and questions about love, family, health, finances or career. So keep sending those vibrations and I will keep listening, receiving and interpreting the energies in your life", says Nirmala. She says these voice vibrations create energy. This energy carries emotions such as sadness, happiness, love, stress, anxiety, anger and calmness. As an empathy, she has found at times a person's voice vibrations carry that persons energy to her. Her technique assures a more accurate prophecy than the palmistry.

In a telephone psychic reading, voice vibrations are a very helpful. The vibrations help to connect better with clients as well as help her to tune in with her spirit guides and client's spirit guides. When Nirmala is giving a telephone psychic reading to a client, she tunes into the vibrations of their voice, looking at, and telepathically talking with, her Guardian Angels and Spirit Guides, and relaying all of this information to the person she is reading for on the other end of the phone.



The only women occultist who has expertise in performing 67 different types of havan, admits that she take the study of astrology very seriously. "I keep learning and meditating to sharpen my intuitive powers, for I know they can be of use in the advancement of the society". She is also the recipient of the Bharat Vikas Ratna award for her excellence in occult.

The field of astrology and puja puja is till date a male dominated field. Lately a lot of marriages are being successfully concluded by Nirmala and often Nirmala has to face a lot of oppositions from the established poojaris of Haridwar and Rishikesh on the grounds that a female should not be conducting havan puja. Recently she has successfully accomplished the marriage rituals for an old foreigner couple of sixty and above age.

She has evolved beautifully in the five years as a passionate occultist and we wish her wishes to always remain with us.



"I keep learning and meditating to sharpen my intuitive powers, for I know they can be of use in the advancement of the society".

“

I had a life-changing experience that has for sure increased my horizon and made me a more committed person.

”

APRA KUCCHAL
SOCIAL ENTREPRENEUR

MAKING THE WORLD A BETTER PLACE

Apra Kuchhal

SOCIAL ENTREPRENEUR

I am always in awe with this Indian beauty with brains who puts in her hundred percent in whatever she does. I was excited when I was told to interview our very daring and darling (all at the same time) Apra Kuchhal. And by the time our long conversation came to an end, I was motivated, healed, and mentored into a more confident woman. Hope you receive the midas touch as well!

Some people irrespective of who is watching them and who is not, irrespective of being credited or not, irrespective of getting praised or not...keeps working, keeps learning and keeps changing lives around them. One such person is Apra Kuchhal. Actively involved in her both family businesses of food and furniture (fulfilling the role of daughter and daughter in law), in the past two years, since we last had her with us to celebrate Womens Day 2015, the lady had her life changing experience which we sure want to share with you.

Jaipur's well known social worker, entrepreneur as well as the past chairperson of FICCI Ladies Organization (FLO), Jaipur Chapter. Apra Kuchhal was the only woman chosen from Rajasthan amongst the 19 women across the world who participated in the Fortune / U.S. State Department Global Women's Mentoring Partnership Programme. The Programme is one of its own genre spreading the knowledge and expertise of the most successful women leaders of America to women professionals across the globe.

On asking about her experience, "I had a life changing experience that has for sure increased my horizon and made me a more committed person", says a very affirmative Apra. She is all praises for her mentors in the program Karen Hughes and Ann Davison, both of them coming from the global PR and communications firm Burson-Marsteller.

Recollecting the unmatched experience Apra shares with us the importance of right kind of mentoring and how it may change lives. Resurrecting this through her NGO-We Care. WE CARE, is a foundation for changing the mindsets of the people. Mentoring programmes on a plethora of issues like right kind of parenting, the power

of thinking, strengthening women, beginners guide to entrepreneurship etc are organised with panel of specialist for women and youth of the city. We Care is also involved in art and cultural activities through its various tie-ups. Apra was also the speaker at TEDx event at Neeraj Modi School. She delivered the talk on "Fake it till u make it", pressing on the habit of being successful. The youth of Jaipur awaits for more of such life changing sessions.

She was also invited for the Fortune magazine's 'Most Powerful International Summit' in Hong Kong, the one-day summit saw exchange of ideas and networking between the most influential women leaders in Asia and beyond. The theme of the summit was "Leading with Purpose".

The lady is committed to breakfree from the tag of "unsafe India for women" and more common notions like "a woman is woman's biggest enemy", it perks her and us as well. Her work and words, both are contagious we must agree.

Don't make barriers for yourself. You need to remind yourself that you are the best, you can do it, and that you will do it. And then go about conquering the world! So much may have changed but the support of my husband Kunal is a constant in my life, rather it has increased many fold (we have memorized that!).



PREETI JHANGIANI

AN INDIAN MODEL AND ACTRESS



I was very apprehensive about accepting this role because of the dexterity of the role and the fact that the film's locations were in the interiors of Rajasthan but eventually took it up as a challenge and am glad it paid off now.



Preeti Jhangiani is an Indian model and actress. Preeti Jhangiani was born in Mumbai into a Sindhi family. She is the daughter of Gobind Jhangiani and Manika Jhangiani. She studied in Jai Hind College, Mumbai. She first appeared in a Rajshri Production music album Yeh hai prem opposite Abbas. Thereafter, she appeared in Nirma Sandal soap ads.

She is fluent in Kannada, Sindhi, Hindi and English. She made her Bollywood debut in 2000 with Mohabbatein. The film was a blockbuster at the box office. She married Model cum Actor, Director Parvus Dabas on 23 March 2008 and had her first child, Preeti Jhangiani wins best actor award for 'Taazudo' at RIFF 2017. Preeti Jhangiani's performance was largely said to be the best of her career so far and will be a redefining moment for her. The film is based on the caste system still prevalent in many parts of Rajasthan and traces one woman's journey, after the death of her husband. Preeti also participated in a panel discussion on Women empowerment and the changing role of women in films, where she spoke about the increasing viability

of Women-Oriented films in cinema today. Preeti has released the following statement 'I was very apprehensive about accepting this role because of the dexterity of the role and the fact that the film's locations were in the interiors of Rajasthan but eventually took it up as a challenge and am glad it paid off now. I hope to champion more of such films in the future'.



Best Actress for Rajasthan Film : Preeti Jhangiani (Taazudo) in RIFF 2017

THE WOMAN WHO MUSICALLY MAKES THE NUMBERS DANCE!!

PRITI RATHI GUPTA

Spanning the two different worlds of business and art with simplicity and innate grace, Priti Rathi Gupta was awarded with the title "Pride of Rajasthan" in this edition of Rajasthan International Film Festival.

She is the executive director of Anand Rathi financial services. Anand Rathi is a leading full service securities firm providing the entire gamut of financial services. The firm, founded in 1994 by Mr. Anand Rathi (father of Priti Rathi), today has a pan India presence as well as an international presence through offices in Dubai and Bangkok. Priti is Awarded on several other platforms by dignitaries like Shri Narendra Modi, Shri Anit Shah, Priti Gupta has also won Woman Leader of the Year by NDTV and by Zee business for her contributions in the field of commodities.

However she is known for her excellence in commodity sector, the lesser known fact is her inclination towards everything artistic. Her love for classical music and painting is innate. "numbers has always enthralled me but fine arts is where my soul is", says the art lover. Priti combined her love for films with her business acumen and launched Ishka Films to make content driven, meaningful and credible cinema. One of the most commendable movie of 2016 that whipped up a warm tale of love and loss and surviving life's catastrophic blows, *Waiting* -the first movie co produced under the banner of Ishka films had been received warmly by the critics.

Evolving everyday

A true example of the Indian women with six hands, Priti has well span life around her. She is the mother of two -Aishwarya and Krishnav, a caring daughter in law who always has put family first, a hardworking daughter and a very calculative entrepreneur. The lady has achieved so much that we look up to her for the success recipe. "I was never in HURRY, I received life as it came and did put my best foot forward always. I have always valued harmonious conversations amongst family members and mostly have no conflict attitude in life. This keeps me intact and focussed", tells a very poised Priti Gupta.

An educational enthusiast, Priti got married early but never did stop learning. She was only a graduate when she got in marital vows. Later, she did her fmb course - from S.P. Jain Mumbai, and currently pursuing her MBA from Hawards. "Education and my learnings from my father makes me what I am today", says a confident Priti.

Now this go getter family believes in expressing herself freely. On asking Priti that how is it being a woman and an aspirer at the



same time, we get a reply that sure is inspiring- "god has created us as the most beautiful creation who is capable of giving immense love. Love yourself, express yourself and live a life that is remembered beyond you!". We wish all the best to Ishka films in the coming years.



I was never in HURRY. I received life as it came and did put my best foot forward always. I have always valued harmonious conversations amongst family members and mostly have no conflict attitude in life. This keeps me intact and focussed"



SHE IS AN ENTREPRENEUR, EVERY FINISH LINE IS THE NEW BEGINNING OF ANOTHER RACE FOR HER

SEEMA TATIWALA



Investing in you means a continual assessment of self-improvement, and that process weeds out of our weaknesses. It's not about perfection, but if we focus on overcoming our inner obstacles to success and leadership, like Entrepreneurship, takes courage and the ability to remain comfortable in times of discomfort. The more you can cultivate being at ease during times of challenge, the greater your life and your leadership will be. Yes, Here we are

talking about the very well-known Entrepreneur of Jaipur, She is Seema Tatiwala. Seema is a multi-faceted, dynamic entrepreneur female. She completed her M.A. and M.Phil. in Public Administration from University of Rajasthan. Since an early age she showed her interest in the field of art, theatre, media, social service and adventure. She is the pioneer in the field of Jewelry designing in Jaipur where she put a state of the art R&D unit at 'Tatiwalas-soul jewelry', a

leading Jewelry store in Jaipur. Her Business Entrepreneurship has put Tatiwalas as a leading Jewelry brand. She received many honors not only related to jewelry but also from other challenging sectors. She was the first announcer for Rajasthan Doordarshan. She has been doing comparing and announcements for Doordarshan, ETV etc. for last 20 years. She received a national award for women excellence achievement in Gem and Jewelry. Prestigious Chandrika award from Prakhar Navneet for being an outstanding Entrepreneur on October 2015. An outstanding woman in business from Udaan, an NGO working towards educating children from low-income communities in India in 2015. She also has been part of the executive committee of Fisci Flo Jaipur chapter for 2 years. Also she has judged various competitions like- voice of Rajasthan held by Dumik Bhaskar. She was past vice president at MAHILA VIKAS MANDAL international Jain Vaishya Organization and past secretary anti dowry cell, Samaj Kalyan Vibhag (Govt. of Rajasthan). She was awarded best

cadet at republic day camp in Delhi held by NCC and Selected for youth exchange program to Zurich, Switzerland, by Govt. of India. She has launched her own jewelry line called "LAVANYA By Seema Tatiwala".



She was the first announcer for Rajasthan Doordarshan. She received a national award for women excellence achievement in Gem and Jewelry. Prestigious Chandrika award from Prakhar Navneet for being an outstanding Entrepreneur on October 2015. An outstanding woman in business from Udaan, an NGO working towards educating children from low-income communities in India in 2015.



GOD BLESS THE WOMEN WITH AMBITION

TARU BAHETI

Taru is currently the State Head- Mortgages, Rajasthan with HDB Financial Services Ltd. She did her Economics Hons from Delhi University & MBA from IIFT, Ghazabad. She started her career with GE Money as a Leadership Trainee in 2000 and steadily grew in business oriented roles in various organizations like India Bulls and Destimoney Enterprises. She has the distinct honour of being the only woman to hold such roles across the country in all these Organisations and she choose sales which till date is a typical male bastion.

She is married to Anirudh Baheti & has 2 sons - Yuvraj & Parakram. Being a typical Business family where there is no culture of women working

outside in private sector and girls getting married at the voting age. She has been instrumental in changing the mindset. Her husband's family takes great pride in her achievements. She has been encouraging the daughters of the family & society to pursue higher education to take up respectable jobs and enhance their sense of self worth.

According to her colleagues she is an excellent planner & strategist, spearheading everyone towards company's growth to achieve targets & ofcourse a good boss as well with her inclusive style of functioning. We wish her all the very best for a successful life ahead.



“ She is an excellent planner & strategist ...spearheading everyone towards company's growth to achieve targets & of course a good boss as well with her inclusive style of functioning.”



ANJU SAXENA

A WOMAN OF GRACE!!

*She is very Hard working,
She believes in Spirituality,
She does too much,
No time for sleep,
She works non-stop,
But always a helping hand,
She cares deep,
She Loves her Family Unconditionally,
She is diehard fan of his Husband,
She is Anju Saxena - Admirable, Gorgeous,
Adorable, Graceful and Elegant.*



*Her Fitness hub
"Steps and Rhythm"
is popular
destination for
fitness lovers. Anju
has undergone the
professional
training from Delhi,
Mumbai, Pune of
various dance forms
like zumba, semi
classical, kick
boxing and many
others.*



Anju is Fitness Trainer of Zumba, Bootiaka, WTM, Bollywood dance, Semi classical, Kick boxing and much more. The Women behind the Popular Fitness Centre in Jaipur - "Steps and Rhythm" is the one and only Anju Saxena.

Steps and Rhythm is the Final Destination for Fitness Lovers where they work out in Outstanding Atmosphere and of course she believes in Fitness. Whether it is Dancing cardio, Zumba, Bootiaka or WTM. Not only Japurites Even Foreign Tourist from Australia, Germany, France and Italy also enjoying the Session as a Client. Anju also involve in Social work. She provides Daily needs to Poor kids in different NGO. Her Strength is her soul mate Mr. Ritesh Saxena. She Admits that all her achievements and her happiness is just because of Mr. Saxena, Who has been the constant source of Motivation, Mentor, A guide, and of course last but not the least A Friend who truly is an inspiration. Hats off to Anju Saxena. We wish her Good Luck.



"A DRESSING STYLE WITH AN INDIAN WOMAN'S SOUL"

JAYA GAJAWAT

I am an artist, product designer and a serious fashionista. As an artist and product designer my inspiration comes from everyday life, different cultures, and personalities.

Born in Jaipur I am self-made person and have exhibited in India and abroad with couple of solo shows. Since young age I have been hard working and creative. My passion for fashion and glamour also fetched me the title of "MISS RAJASTHAN IN 1995."

From beginning of my adulthood I knew that I wanted to become a fashion designer. I always dreamt of starting my own fashion company. After pursuing my degree course in designing... I started freelancing for big stores and exporting my products. From the start I always believed in my hard work and creative inputs, which all it took to carve a niche in a competitive world. I started my label AANA DESIGNZ in 2008, since then there is no looking back... In these years have established my own manufacturing unit... "I believe in my designs" and love mixing colors using good quality fabrics and designs. My clothes are elegant yet stylish... I love experimenting with my designs. I have worked with good chain stores and elite customers all over India.

I believe I have made my small contribution to this industry for the past 14 yrs. I always am being complemented by friends and known for my unique style and how I bring out the best in them. To make them look so versatile, glowing and confident.

Fashion can be defined in many ways and it means many things to many people. It may be an 'Applause' a golden dream, the feeling of look good, right of exclusive taste or stroke of Genius. Fashion is human behavior to be more brief, it's an artistic science and scientific art of learning to combine colour, form, pattern and texture for the final effect that is right for the time, place and for the right user.

People often believe that what is trendy and in vogue is fashion. But I believe that fashion is everything you wear. Over my 14



I have been hard working and creative. My passion for fashion and glamour also made me "MISS RAJASTHAN IN 1995. From beginning of my adulthood I knew that I wanted to become a fashion designer.



years of Experience I have learnt that what is important in a dress is the woman who is wearing it. For me fashion is an art to make a beautiful soul reflect itself more divinely in the form of a lovely body. Every human being is unique and class

different from each other. Each being has a different need and style & some styles become collector's items and are treasured by the owners and found nowhere else in the world. I describe my own collection as 'A dressing style with an Indian woman's soul.'

I AM SANJU SACHDEV

CO-FOUNDER, ACADEMIC & CREATIVE DIRECTOR



A Chain of Play Schools

From a small town girl from Bikaner, to this position, has been a long journey. Although I am from a family where preference is given to a government job as it provides security, I had other plans. Since my childhood I always dreamt of becoming an ENTREPRENEUR. Not only my classmates but everyone used to scoff at me and tease me. I was determined. I had a fierce desire to fulfill my dream.

When I was doing MCA, the opportunity, I was waiting for, came in the form of The Santa Kidz. I teamed up with Mr Pankaj Anand and started working on the project. And the rest is history. From one school and 24 children to 300+ schools and 20000 children was not a small feat.

The task was not easy, but we persisted. It was more difficult because we have a good number of schools in rural areas. People in villages liked the concept and they were interested in starting a school as well but they lacked confidence. They needed motivation. They also needed proper training to manage their school. Being the Academic Head the responsibility was on me to equip them with necessary skills. For this purpose we designed a training programme and started training our franchise partners as well as the teachers they hired. The strategy worked and we got overwhelming response.

Our franchise module which was already reasonably priced compared to other pre school brands along with our training made an attractive offer which few could resist. Enquiries started pouring in and The Santa Kidz family started growing.

Tasting success is one thing and maintaining it another thing. Once people reach their goal, they become complacent and complacency should be avoided at any cost. That's why I keep encouraging and helping our



R&D team to improvise our course content and methodology.

In any business taking the first step is necessary. The second important thing is believing yourself. When these two things combine, we can get what we want.

In six years time we have been able to give a solid foundation to our company. But the journey has not been easy.

I believe in the mantra, "With dedication and determination dreams can be changed into reality."



*I believe in
the mantra,
"With
dedication
and
determination
dreams can
be changed
into reality."*



SPREADING SMILES FOR LIFE

DR. ANUPAMA SONI



When you meet Anupama Soni, it's her signature smile that u come in contact with at the first place. Her best accessory is the smile she wears. And why not! Dr. Anupama Soni is the renowned name in the field of cosmetic dentistry. The recipient of outstanding dentist award on national dentist day she has created a niche for herself in this field. A trusted dentist, Dr. Soni is a graduate from SMS medical college Jaipur. She did her post graduation from D Y Patil university, Mumbai and also came out as a gold medalist with flying colors. A gold medalist MDS, she is an endodontist, implantologist and cosmetologist.

She is better known as the director of **Medispalaser, cosmetic and hair transplant and dental surgery centre**, which is today a international brand name and a pioneer in the field of hair transplant and facial rejuvenation treatments. Medispa is the name of the clinic that Anupama runs with her husband Dr. Suneet Soni, who is a plastic, cosmetic, microvascular and hair transplant surgeon. Also the dedicated lady is professor at the Rajasthan dental college & hospital.

It is being correctly said that- "Successful people are never tired with their passion"

Appreciated for her work, this lady doc has made an international presence already. The couple invited as guest lecturers abroad. Anupama has marked her presence in Spain and Singapore lately with her lectures. Apart from the professional side, Anupama has many other facets that stun us.

Benefitting the society at grass root levels with her knowledge, Dr. Anupama organizes free oral hygiene camps for primary school children and schools. Sessions on cleanliness, eating habits, right ways of brushing are conducted for the students at regular intervals. These camps are revolutionary in their own way in a country like ours where people are not much aware about the importance of oral hygiene.

Breaking the stereotype of studious specy brigade of doctors, this lady doc keeps it complete. She is an enthusiastic folk dancer (with expertise in bhawai, kalbelia and ghoomar). In her leisure time she prefers a game of chess or badminton to keep herself healthy and beauty.

Dr. Anupama Soni has an extremely positive attitude towards her life. "Stay healthy, stay happy, take life as it comes", believes Anupama.



She has been awarded "Outstanding Dentist" on Dentist day 6th March, 2017 by Jaipur Mayor



MEDISPA

Hair Transplant | Cosmetic Surgery | Dentistry | Laser

Dr. Anupama's
Signature Smile

Single Visit RCT	Smile Designing / Correction
Teeth Whitening	Full Mouth Rehabilitation
Dental Implants	Botox and Filters
Metal FREE Crowns	Laser Hair Removal
Tooth Jewellery	Microdermabrasopm
Mole Removal	Chemical Peeling



Dr.(Prof) Anupama Soni

Director & Consultant MEDISPA
B.D.S., M.D.S. (Gold Medalist)
Endodontist, Cosmetic Dentist, Implantologist
& Cosmetologist

**Cosmetic, Restorative & Implant
Dentistry in a State of Art, Caring
Environment**

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Kota - Aman Business Tower, Vigyan Nagar, Main Road, Kota. Phone :- +91-74424-21034, 9587882097
e-mail : dranupamasoni@gmail.com | Website : www.medispaindia.in | www.medispasmile.in



POONAM KHANGROTT

"I raise my voice-not so I can shout, but so that those without a voice can be heard. We cannot succeed when half of us are held back."

Mulatu Tensafai

When I now look back at the past years of my life, I realized that I began my career in my childhood. Raised in a family with 6 other siblings has been a great adventure but at the same time taught me multiple aspects of life, be it doing household chores, teaching the younger siblings, being more than content with the hand-me-downs, sharing, responsibilities and leadership qualities. My mother worked as a government officer and have been a great inspiration even now. 29 years after her demise. Growing up, I was always the leader or next in line, the way I wanted it to be. After getting married in a defence background my skills were personified with discipline. I started teaching, believing in the righteous words of Aristotle, "those that know, do; Those that understand, teach."

Being at the top of my game hasn't been a cake walk, there have been multiple breakdowns, emotional and otherwise. My deepest gratitude is for my brilliant support system i.e my family and friends. I know people



say that times have changed and humans have become puppets of materialistic pleasure, but considering my support system, that is far from truth for me. I focus on small things that make a big difference, with that motto in my head I'd started an NGO called the "Hamara Kitaab Ghar". With alot of hard work, cooperation and good wishes the NGO is over a year old now. My family's (own as well as organization members) constant collaboration keeps making my life worth living. In the end I'd like to use yet another quote by another eminent lady, Eleanor Roosevelt,

"Do one thing everyday that scares you." I know I do.



रोशनी की नई किरण मीनाक्षी शर्मा



वुं तो हमारे समाज में नित नए बदलाव आ रहे हैं, लेकिन आज भी कुछ कुरीतियाँ ऐसी हैं जो पूरी तरह से समाप्त नहीं हुई हैं। उन्हीं कुरीतियों में विधवा विवाह प्रथा तथा तलाकशुदा कुछ ऐसे नाम हैं जो आज भी समाज का हिस्सा हैं और इन्हीं के भार के नीचे दबके महिलाये अपना दर्द बयां नहीं कर पातीं। और मजबूर हो जाती हैं दुखदायक और हीनभावना भरी जिन्दगी जीने के लिए। इसी दर्द को समझते हुए पंचायत समिति की पूर्व प्रधान एवं समाज सेविका मीनाक्षी शर्मा ने महिलाओं को उनके मौलिक अधिकार दिलाने का खोज उद्योग है। उनका कहना है कि जब पुरुष पत्नी के देहांत के बाद पुनर्विवाह कर समाज में समायोजित हो सकता है तो महिलाओं को भी यह सामाजिक अधिकार मिलना चाहिए। वैसे तो मीनाक्षी शर्मा विगत कई साल से कई कस्बों में बैठक लेकर इन कुप्रथाओं को दूर करने के लिए सघर्षित हैं। इसी के चलते उन्होंने विधवा विवाह तथा विधुर विवाह सम्मेलन की पहल की। मीनाक्षी शर्मा का ये मानना है कि एकाकी जीवन बित रही बेटियों का

यदि फिर से घर बस दिख जाए तो इससे बड़ा कोई पुण्य नहीं। कबिले तारीफ है मीनाक्षी शर्मा जिन्होंने महिलाओं के इस दर्द को समझा, जाना और इस दिश में सुधार हेतु कदम बढ़ाए। उनके इस सरहनीय कदम में कई खननीय -गण उनका सहयोग कर रहे हैं। इस तरह पीड़ित महिलाओं के जीवन में रोशनी की नयी किरण फिर से आरंभ तथा नए जीवनसन्धी के साथ वह जिन्दगी का साना-बनाना शुरू करेगी। आज हमारे समाज को मीनाक्षी शर्मा जैसे समाज सेवी की बेहद जरूरत है जो कि अपने काले काल की तस्वीर बदल सकते हैं।



SHOBHAL SINGH

A WOMAN MAKING A DIFFERENCE

Striving hard for the noble cause of empowering underprivileged women and girls, especially from Rajasthan and Madhya Pradesh, Shobhal Singh, a young woman social worker is working vigorously under the umbrella of her NGO Surya Uday. Shobhal in a candid conversation with journalist Anubha Agarwal shared her journey.

Belonging to the Khandela Rajput clan from Shekhawati Sikar in Rajasthan, Shobhal was born on 6th September 1979 in Lucknow. Her parents nurtured Shobhal in a liberal environment with great emphasis on education. She did her graduation from Delhi's Lady Shri Ram College and LLB from the Delhi University. While doing her Law education at a very early age of

her great contribution and vision Shobhal is bringing smiles on the faces of the deprived segment of the society.

merely 23 years Shobhal got married to Tarunendra Vikram Singh from a rural aristocratic family of Ajaygarh in Madhya Pradesh. Committed towards her family Shobhal is blessed with two children.

Ajaygarh was a rural backward area, where women were treated unequal and education for them was not a norm. Seeing their awful state encouraged Shobhal to do something for the underprivileged women and girls in the education and health sectors. Her life took a blissful turn when she started an NGO by the name of Surya Uday in 2004.

Surya Uday has adopted a slum area and a school providing free education and clothes to the underprivileged and abandoned girls, installed a sanitary napkins incinerator and water filter there, conducts workshops on prenatal guidance and other awareness issues, organizes medical camps with the support of the State

Anubha Agarwal



Government and gets volunteers, especially from abroad, to teach children.

Recently, the NGO has started skill development & livelihood program for women and giving them training in stitching through sewing machines for making them self-reliant. Surya Uday has also adopted 30 Aanganbazi centres in Jaipur with an aim to provide books and other stationery items.

Through her great contribution and vision Shobhal is bringing smiles on the faces of the deprived segment of the society.

GEETANJALI

THE SECRET OF GETTING AHEAD IS GETTING STARTED AND SHE BELIEVE SHE COULD, SO SHE DID IT!



Music is the peace of Art that goes in the Ears straight to the Heart. She is Geetanjali. She organizes shows and musical events. She has also participated in TV Shows like Antakshari on many channels like Zee TV, Sub TV, Sony pal and ETV. She acted in daily soap for ETV participated in musical shows concert abroad like Singapore, Malaysia, Tanzania and Kenya. She has

also supported Brett Lee Music Foundation Through her performance on stage. She got Woman of the future Award this year. The best part is that she teaches poor children free of cost. She Performed and shared stage with late Shri Ravindra Jain, Shri Ravindra Jain, Late Shri Manna dey, Shri Anoop Jalota and Bali Brahmhatt. Besides that, she is in Business of sales and purchases of used Cars.



NISHA SINGH



Nisha is a fine blend of a social activist, humanist, educationist - an educationist par excellence running chain of schools in Jaipur. Her lifelong passion has been education. She is a firm believer in moral values in education.

When most persons talk about a school curriculum, they think about math, science, social studies, and language courses. Seldom do we hear about moral values as being part of the curriculum. Hence the mainstream students of her schools are made to rub shoulders with special children of Disha and other children with special needs in order to sensitise them to their challenges.

She has recently taken Prime Minister Narendra Modi Swachh Bharat - Swachh Vidyalaya initiative a step ahead. In collaboration with Japan Education Centre of India she has incorporated it as a compulsory subject for elementary school children. This is a novel initiative, first of its kind in Rajasthan.

She is the Founder-President of Aadya - a non-profit NGO for underprivileged and deprived women and children.

She was an active participant in the 1098 child helpline activities for spreading average level of Child Abuse Awareness in different schools.

She works to empower kids and adults with autism. Her awareness programmes aim is to improve communication, cognitive skills, social skills and also enhance the attention span of the kids.

Aadya Foundation has stood shoulder-to-shoulder with DISHA (A Resource Center for Multiple Disabilities) extending her support and commitment to the cause of children with special needs. Nisha is wonderful orator - she has had a way with words that can convert the most cynical opponents into believers of social transformation.

She has recently taken Prime Minister Narendra Modi Swachh Bharat - Swachh Vidyalaya initiative a step ahead.

ANUBHA AGARWAL

A GUTSY NEWS GIRL



Young and dynamic journalist Anubha always desired to do something worthwhile. Nurtured in a liberal environment and the youngest child of the family, Anubha's childhood was spent like a tom boy. Her father, a senior well known Journalist and mother a writer, newsreader always encouraged chasing her dreams. But despite belonging to a Journalists' family, the road was not so smooth for her.

A Gold Medalist in Journalism & Mass Communication immediately after completing Master's Degree, Anubha's professional journey started in the year 2001 as a reporter in a local daily, Rajasthan Patrika. After a year she got an opportunity in the electronic media when she was selected as a journalist in 2002 by Ramoji Rao's Eenadu Television (ETV) in Hyderabad. This experience which included reporting, camera handling, and content writing helped her mature as a comprehensive journalist. She also had short stints as News Editor and News Broadcaster with All India Radio (A.I.R) and Danik Bhaaskar Television Channel in Jaipur. Presently, she is associated with Maharashtra's Lokmat Media Pvt Ltd and also works as a freelance Journalist writing for renowned national and international magazines.

A spark to do something innovative saw her branch out in the field of computer designing. With proficiency in Multimedia from the MAYA Academy of Advanced Cinematics, Mumbai, instituted by the eminent Bollywood Director Ketan Mehta, she started working as a Creative Head in advertising agencies of Mumbai & Jaipur. After gaining experience, she set up her own designing firm in 2004 and started working with renowned publishing and production houses,

Public & Private organizations, and even international NGOs like UNICEF.

As a journalist writer she has covered subjects as varied as women empowerment, child trafficking, MSME, Jaipur foot, FDI possibilities in Rajasthan, Hand block printing among others and reported on vital national and international conferences like BRICS Women Parliamentarians' Forum, Global Agritech Meet GRAM, Stoenart, Vastra, Jaipur Jewellery Show, Jaipur Literature Festival and so on. Fond of meeting people Anubha has done forthright interviews with well known personalities from the field of politics, industry, and film fraternity, among others. She has been conferred with the Youth Journalist Writer's Award in 2016.

On the professional front, she is also a member of Rotary International and Rajasthan Chamber of Commerce & Industry (RCCI).

She feels, "It's a beautiful thing when a passion and a career come together. For ultimate happiness in life, one needs to harness this passionate power that comes from within, and with this energy of passion from within, I do what I love, and I love what I do."

It's a beautiful thing when a passion and a career come together. For ultimate happiness in life, one needs to harness this passionate power that comes from within, and with this energy of passion from within, I do what I love, and I love what I do

HEMA HARCHANDANI

(MANAGING DIRECTOR AND FOUNDER)



Hema is the Founder and Managing Director of Ingenious Educare Services which runs the Canvas International Brand of Pre schools. A Commerce Graduate from University of Rajasthan, Hema built her Career Working in the Banking ,Life insurance, and Financial Services Distribution Sector. In her last role she was Head of Sales for Geosansar a Company that brought Financial Services to the Bottom of the Pyramid. Hema was previously associated with Bajaj Allianz life insurance, Reliance Life and India First life Insurance in various capacities, she has worked in various locations across the country. Since her childhood Hema always had a dream to start something of her own. She wanted to build something which would bring her closer to the children and build a strong foundation for the future of India. With this motto in Mind Hema chose the Education sector and founded the Canvas International Pr-Schools in April 2016. Canvas is an exemplary Pre-school that truly cares for the Children and their

positive growth. Children discover new and inspiring things each day and are guided on their own fantastic journeys and adventures. Canvas follows the PSED(physical, social and emotional development) approach to children's growth. Hema believes that each child is different and each child should be taken care of independently. With this motto in mind canvas has a separate curriculum for boys and girls, a student teacher ratio of 1:10 and is maybe the first school that offers free health cover to the parents of the children. Hema says As an Insurance sales person I have realized how important it is for the family to continue the education of the child in case of any eventually to the earning member because of Death, Disease or Disability and hence this small token of affection from Canvas. Hema is working towards making Canvas a world class educational institution and would surely be openly more branches both in Jaipur and Rajasthan as well as across the Country.



Hema believes that each child is different and each child should be taken care of independently.



DIVA KUMARI *A great thinker and leader who works for the people through her heart and has proven to be a milestone for changing the political scene and thoughts for joining politics. Salute to Hdiyakumari for bringing the necessary change in political field. Democracy for people at last.*
- Shreyansh sharma

"Courage is like a muscle. We strengthen it by use."



SHILPI SHAH *Every home, every heart, every feeling, every moment of happiness is incomplete without woman. She can only complete this world. Happy women's day.*



MANTA VERMA *"You are more powerful than you know; you are beautiful just as you are."*



POONAM KHANGAROT *"A strong woman understands that the gifts such as logic, decisiveness, and strength are just as feminine emotional connection. She values and uses all of her gifts."*

"You only live once, but if you do it right, once is enough."



MAMATA SARASWAT *"Women belong in all places where decisions are being made... It shouldn't be that women are the exception."*



SINGAPORE

THE DELIGHTS OF THE LION CITY



Hermann Rodrigues

Peering over the rooftop pool deck of Marina Bay Sands, shopping up a storm on Haji Lane, or ogling at the supertrees in Gardens by the Bay, it's almost impossible to imagine Singapore was little more than a fishing village just over a century ago. On the eve of its golden jubilee, there's no better time to discover the delights of the Lion City.

The fabulous food

Flavours from Malaysia, China, Indonesia, India and beyond collide to create the delicious hybrid cuisine Singapore has become famous for. And while the queues for Tian Tian chicken rice at Maxwell Road Hawker Centre show no signs of dwindling, there are some impressive new players on Singapore's food scene.

The new green spaces

It's difficult to name another world city that boasts as many eco-attractions as Singapore. Building on its portfolio of iconic parklands such as the Botanic Gardens and the sleepy jungles of Pulau Ubin, the city-state has given birth to several new awe-

inspiring green spaces in recent years, from Gardens by the Bay (don't miss the light show at 7.45pm and 8.45pm every evening) to the Southern Ridges, the Green Corridor to Singapore Zoo's new River Safari. It doesn't stop there, either: tots will be able to play on one-of-a-kind giant slides at Admiralty Park when it reopens in 2015 following its redevelopment. Two other new green spaces at Jurong Lake and East Coast will reopen this year.

The pub scene

Singapore's drinking scene has literally reached new heights. There's now no better place to admire the expanding city skyline than from rooftop bars like Cé La Vie (formerly known as Ku de Ta) (hsj.celavi.com) or Altitude before kicking on at one of the hot new 'secret' bars in the Chinatown/CBD area (try 28 HongKong St or Operation Dagger at 7 Ann Siang Hill). Daytime drinking, too, has been revamped, with dozens of hip coffeeshops (check out The Dispensary at 69 Tiong Bahru Road) now sitting side-by-side with traditional kopitiams across the city, and new operations opening almost weekly.

The shopping spree for Indians

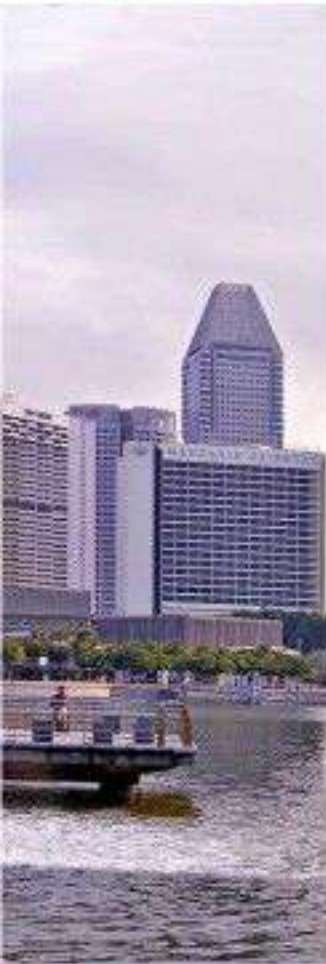
It still lags behind its Asia Pacific counterparts in affordability, but in terms of choice, Singapore is still a shopper's paradise. Once confined to the malls of Orchard Road, the city's shopping scene has exploded and diversified – Haji Lane and Tiong Bahru have emerged as hip boutique shopping enclaves, and the Shoppes at Marina Bay Sands complex now houses one of the world's largest collections of designer boutiques under one roof. Flea markets have taken off, too – from MAAD Pyjamas (Market of Artists and Designers) on the first Friday of every month to the city's weekly Sunday Artists Market. Visit forleasake.com for city-wide listings.

FREE FREE FREE

Singapore may be one of the most expensive countries to visit in Southeast Asia, but there are plenty of free things to see and do to ease the pressure on your wallet. Here are some of our favourite Singapore freebies.

Get a taste of Peranakan history at Baba House





Baba House, the exquisitely restored Peranakan home near Chinatown can only be visited on a free hour-long tour, which offers a great insight into the life of a wealthy local family in 1920s Singapore. The tours are run by appointment only, on Monday (2pm), Tuesday (2pm and 6.30pm), Thursday (10am) and Sunday (11am).

Join in the celebrations at one of Singapore's many festivals. With festivals that range from the eclectic (Buskers Festival - facebook.com/sentosabuskers) to the artistic (Singapore Night Festival - nightfest.sg) to the musical (Mosaic Music Festival - mosaicmusicfestival.com), there's quality free entertainment for visitors most months of the year. Check out yoursingapore.com for listings.

Admire the supertrees at Gardens by the Bay. You'll have to fork out extra to enter the conservatories and the treetop walkway at showstopping eco park Gardens by the Bay, but it doesn't cost a cent to wander through the Outdoor Gardens in Bay South. Swing by just before 7.45pm or 8.45pm daily to get the best vantage spot for the captivating daily 15-minute sound and light shows.

Marvel at Singapore's most atmospheric temples. Paradoxically in the middle of Chinatown, the colourfully kitsch Sri Mariamman Temple is Singapore's oldest Hindu temple, and well worth a look-in. Replete with elaborate carvings, Thian Hock Keng (Singapore's oldest Chinese temple), is also particularly atmospheric, as is Kong Meng San Phor Kark See, a working monastery housed in a massive Escher-esque building with a bell and drum tower, statues, and various halls.

Walk the Southern Ridges. The Southern Ridges Trail - spanning Mt Faber, Telok Blangah, Kent Ridge and Hort parks - is one of the best walking trails in Singapore. It meanders through 10km of lush forest and canopy walks, and crosses the Henderson Waves, Singapore's highest pedestrian bridge. Don't forget to take water, sunscreen and a hat; see nparks.gov.sg for more details.

Take a free art tour. Many of Singapore's hotels have made their art collections

accessible to non-guests, from the Pan Pacific's Public Art Space (which hosts rotating exhibitions) to the artworks integrated into the public areas of Marina Bay Sands (it's hard to miss Sol LeWitt's Arcs, Circle and Irregular Bands in the lobby). But art lovers are really spoiled at The Ritz-Carlton Millenia, where anyone is welcome to take a 30-minute iPod tour of its enviable collection, from Dale Chihuly glass blowings to enormous Frank Stella installations. Don't miss the Warhols near the ballroom ...

Chill out at East Coast Park. In space-starved Singapore, the 15km stretch of beach known as East Coast Park is a breezy spot to swim, work on your tan and escape the crowds (though it does get busy here at weekends). BBQ pits are gratis and you can even camp for free - BYO beer OR POORI BHAIJ, of course.

Get an education at the National University of Singapore Museum. The local university is home to a museum well worth checking out, and not just because it's free. The NUS Museum features historical artifacts and the excellent Lee Kong Chian art gallery.

Go green at Singapore Botanic Gardens and Fort Canning Park. Originally established in Fort Canning Park by Sir Stamford Raffles, Singapore's Botanic Gardens today occupy a swathe of quiet green space at the edge of the Orchard Rd district. It's free to wander the stunning grounds on your own, though if you're a keen botanist, check out its website (sbg.org.sg) for free walking tours. Overlooking central Singapore, Fort Canning Park also remains a lovely spot for a stroll; don't miss the spice garden.

Find peace at St Andrew's Cathedral and the Armenian Church. Aside from being architectural masterpieces, these churches offer glorious respite from the heat of the city. St Andrew's Cathedral is Singapore's largest church, and the Armenian Church its smallest and oldest (built in 1836).

Stride above the trees at MacRitchie Reservoir's Treetop Walk. One of the many swathes of greenery that have come to define Singapore as the world's most impressive garden city, MacRitchie Reservoir Park is the place to go for a proper hike - it's an 8km round-trip hike to the Treetop Walk, where you can climb to a 250m suspension bridge that soars above the rainforest canopy.

Pose with a Merlion. Singapore's most iconic sculpture, the Merlion (a half-lion, half-fish creature), is free to visit. Pose with the water-spouting critter before taking a walk around Marina Bay. Colonial architecture fans would be wise to pop into the nearby Fullerton Hotel and the Fullerton Bay Hotel while you're in the neighbourhood - the former used to be Singapore's General Post Office and the latter was the bustling Collyer Quay.

Visit Singapore's largest mosque. Most people come to Singapore's Arab district to shop, eat and drink in Haji Lane, but it's also a charming neighbourhood to wander around in the early morning before the crowds arrive. It's free to enter the Arabian Nights-esque Sultan Mosque (outside prayer times), with volunteers on-hand to provide an insight into the city-state's Muslim heritage.

Get freebies at Changi Airport. Got a few hours to kill at the airport? No worries, there's plenty to do: take a walk through the butterfly garden, tap in to the free wi-fi, chill at a TV lounge, or plunk into a massage chair. If you've got five hours (or more) of transit time, book a free city tour (changiairport.com).





मैं शब्द बेचता हूँ

राम कमल मुखर्जी

अंशु हर्ष

शब्दों की एक अलग दुनिया होती है और जरूरी नहीं ये दुनिया केवल कविता, कहानी और साहित्य की दुनिया हो। शब्द बनाने हैं, शब्द जोड़ते हैं और शब्द छी तो हैं जो किसी की मूलकात का पहला आधार हैं और रामकमल एक ऐसी सक्षमयत है जो शब्दों के जादुगर हैं या वू कले की सौदागर हैं। करोड़ों हिन्दुस्तानियों के सपनों के शहर मुम्बई में अपने शब्दों से फिल्मों दुनिया के सितारों के बीच अपनी एक अलग पहचान बनाने का जज्बा मन में लेकर अठारह तन्नेस साल की उम्र में राम ने अपने करियर की शुरुआत की। जिस परिवार में सभी डॉक्टर इंजीनियर हो उस परिवार का बच्चा अगर पत्रकार बनना चाहे तो ?? एक प्रश्नवाचक चिन्ह लग गया था इस बात पर, पता ने कहा कि पत्रकार का जीवन बहुत कठिन होता है ये राह उतनी अब्मान नहीं होती जितना तुम सोच रहे हो और इस राह के कष्ट जितने तुम अभी यकिक नहीं हो कैमे कर पाओगे। लेकिन फिर भी कई सखाल जवाब करने के बाद अजादी मिली फिर ग्रेजुएशन के

बाद कोलकाता से ही पोस्ट ग्रेजुएशन फिल्म स्टडीज में एडमिशन लिया।

आज भी याद है पहली प्रेस कॉन्फ्रेंस -

वर्ष 1997-98 की बात है कोलकाता में कोलकाता इंटरनेशनल फिल्म फेस्टिवल में कवरेज करने का मौका मिला कॉलेज की तरफ से। थोड़ी पब्लिसिटी थी क्योंकि पहली प्रेस कॉन्फ्रेंस थी और सामने अतुल नेपाल कृष्णन जैसे बड़े कलाकार का होना, कोई शब्द ही नहीं निकल पाए मुँह में न कोई सखाल पूछ पाए राम क्योंकि फिल्मों देखने नहीं थी किसी तरह की कोई तैयारी भी नहीं की थी। तब समझ आया कि प्रेस कॉन्फ्रेंस से पहले की तैयारी बहुत जरूरी होती है

पहली सीख

फेस्टिवल की फिल्मों देखने का समय तय किया कि अगले कदम पर ये शब्द फिर न उठर जायें। फिल्मों विभिन्न भाषाओं की थी और सब टाइटल्स के साथ देखने में बहुत मजा आया और कहानियाँ ज्यादा रोचक लगी क्योंकि भाषानाएँ तो एक सी होती हैं पूरी दुनियाँ में

सिर्फ भाषा की विभिन्नता सिनेमा को एक अलग वर्ग में बाँट देती है। और बड़े परदे पर जब प्यार, नफरत मोहब्बत और दर्द और जीवन के हर पहलू को हम देखते हैं तो वो हमें पूरी दुनिया से जोड़ने की ताकत रखता है।

पहला जॉब

जब पोस्ट ग्रेजुएशन के पहले साल में जॉब अँकर आया तो इस बारे में राम ने अपने पापा से पूछ तो उन्होंने कहा फ्लॉड भी करो और जॉब भी क्योंकि सरसवाती का अनादर करने से लक्ष्मी भी असंतुष्ट होती है।

मुम्बई का पहला कदम

2001 में राम जब मुम्बई आये तो स्टारडस्ट में रिपोर्टर के तौर पर काम शुरू किया। काम चलता रहा और कदम आगे। फिर एक मौका मिला रोमा मॉडलिंग पर कोई टैबल बुक लिखने का। ड्रैम गले पर किताब लिखना किसी रूपने से काम नहीं था। पहले तो हेमा जी ने मना कर दिया लेकिन राम ने हार नहीं मानी, कुछ पत्रे लिख कर उनके घर पर पोस्ट कर दिए। राम ने सोचा कि मना तो कर ही दिया है हेमा जी ने अब अगर शब्दों में तकत हुई तो काम बन भी सकता है और उनकी सोच सखल हुई।

हमेशा कुछ नया करने की चाह

स्टारडस्ट के बाद राम को मौका मिला प्रीतीरा नंदी कम्युनिकेशंस में काम करने का वह पर बतौर लीडिंग प्रमिटेड काम किया और लगभग 12 फिल्मों की यहाँ से ये खोज कि फिल्में कैसे बनती हैं।

उसके बाद जिम्मेदारी आधी फिर से स्टारडस्ट के एडिटर के तौर पर काम करने की तब तक फिल्में दुनिया में एक बड़ा परिवर्तन आ गइ था अब दौर था नए कलाकारों का आलिया भट्ट, सिद्धार्थ मल्होत्रा, परभू धवन, ब्रह्म कपूर इन सबको राम ने खूब प्रोत्साहित किया और उन्हें अपनी तरह से एक्सपेरिमेंट करने की आजादी मैंगलीन के मालिक नबी होरा ने दे रखी थी उसके लिए वो उनका हमेशा सुक्रिया अद्य करते। नयी प्रतिभाओं को कवर पेज पर आने का मौका राम ने खूब दिया। एक एडिटर के तौर पर उनकी यही सोच रही की नयी प्रतिभाओं को नयी पहचान मिले।

शब्दों की दुनिया बहुत गहरी है

आपके शब्द आपकी ताकत है, अगर आपके पास एक अच्छे शब्द कोश है तो चीज की जरूरत नहीं है कहना है राम का। उन्होंने शब्दों की गहराई को जानने के लिए श्याम बेनेगल, गौतम घोष, अपर्णा सेन, सत्यजीत रे और मृणाल सेन जैसे उच्च श्रेणी के कलाकारों की फिल्मों को देखा। एक बार शबाना आज़मी बंगाल में प्ले के लिए आधी थी उस वक़्त प्ले मतलब नाटक तक ही सीमित था। वो प्ले था तुम्हारी अमृता उसके बाद राम को अहसास हुआ शब्द एक अलग पहचान लिए होते हैं उनकी अपनी दुनिया होती है और ऊँ और हिंदी की गहराई को जानने के लिए रजिवा सुल्तान, पार्वीजा जैसे फिल्में देखी और स्वामी विल्लेकानंद को पढ़ा।

सभी धर्मों से मोहकृत है

बचपन में राम मिशन स्कूल में पढ़ते थे, उसके बाद दसवीं के बाद खालसा स्कूल और फिर कालेज मौलाना आज़ाद कालेज तो हर धर्म के तौर तरीकों को बहुत ही करीब से जानने और समझने का मौका मिला और राम कहते हैं कि इसके लिए वो अपने पेरेंट्स के शुक्रगुजार हैं कि उन्होंने भी उनकी आस्था परम सत्ता की और ही कैंडिड को, इबादत की घर में उन्होंने कभी बर्दोश नहीं लगायी और कालेज के समय के दोस्त श्रेष्ठ परबेज ने बताया कि कुरआन कैसे पढ़ी जाती है, नमाज़ पांच बार क्यों पढ़ते, राजे किस तरह रखे जाते हैं।



उत्तर चढ़ाव जीवन का हिस्सा है

बतौर प्रकाश शोध पर पहुँचने के बाद जब कुछ नया करने का सोचें तो शुरूकत तो फिर से पहली सीढ़ी से करनी होती है अब स्ट्रिक्ट राइटर बनना था तो सब काम छोड़ कर माइज बीस हजार रुपयों के लिए दूरदर्शन के लिए धो काम किया क्योंकि वह से कुछ नया सीखने को मिल रहा था।

हमसफ़र बन कर जो साथ है

शरबनी मुखर्जी जो राम के साथ पढ़ती थी और फिर उनकी हमसफ़र बनी आज फिल्म इंडस्ट्री में फिल्म पब्लिसिस्ट है और अपनी कंपनी कर्मीक मिडिया चला रही है और साथ ही राम के प्रोडक्शन हाउस में भी उनका सहयोग कर रही है।

राम का कहना है कि आजकाल के बच्चे हमसे ज्यादा होशियार होते हैं हम तीन चार बरस की उम्र में आई पैड नहीं चला सकते थे लेकिन आज बच्चे चलाते हैं और हमसे ज्यादा जानते हैं इस बात को हमें स्वीकार करना चाहिए। मेरा बेटा रियान भी आज के दौर का बच्चा है और मुझे उसमें कई नयी खूबियाँ नज़र आती हैं।

जी से फिर नयी शुरुआत

पिछले कुछ महीनों से जी टी वी के लिए एक नया धारावाहिक बिन कुल कहे बतौर प्रोड्यूसर बना रहे हैं और इस टर्निंग पॉइंट के जिम्मेदार वो अपनी दोस्त राजश्री ओझा को मानते हैं और इसके साथ ही आजकाल अपनी खुद की प्रोडक्शन कंपनी अर्सेटिड मोशन पिक्चर्स के वैनर तले शॉर्ट फिल्म और टी. वी. शोज बना रहे हैं।

जिन्दगी का फलसफ़ा

आगे बढ़कर लोगों की मदद कीजिये, क्योंकि वही आपके पास लौटकर आयेगा



**आपके शब्द आपकी ताकत हैं,
अगर आपके पास एक अच्छे शब्द
कोश है तो और किसी चीज की
जरूरत नहीं है यह कहना है राम
का। उन्होंने शब्दों की गहराई को
जानने के लिए श्याम बेनेगल,
गौतम घोष, अपर्णा सेन, सत्यजीत
रे और मृणाल सेन जैसे उच्च श्रेणी
के कलाकारों की फिल्मों को देखा।**



Stroke is a medical term used when a part of the brain dies due to a problem with its blood supply. It is one of the leading causes of death and disability in today's world. Strokes can happen in two different ways i.e. an ischemic stroke when part of the blood supply gets cut off and part of brain gets damaged or a haemorrhage when an artery breaks up and blood starts accumulating in the brain.

HOW TO SPOT THE SIGNS OF STROKE



BY DR. NEETU RAMRAKHIYANI

SR. CONSULTANT
FORTIS ESCORTS HOSPITAL, JAIPUR

The symptoms of this stroke will depend on the affected part of the brain.

How can you tell if someone is having a stroke?

Sudden numbness or weakness of the body, especially on one side.
Sudden vision changes in one or both eyes, or difficulty swallowing.
Sudden, severe headache with unknown cause.
Sudden problems with dizziness, walking, or balance.
Sudden confusion, difficulty speaking or understanding others.

The signs and symptoms of stroke are best remembered by mnemonic FAST. The FAST test is a quick way to check someone for symptoms.

Face: Smile! (Does one side of their face droop?)

Arms: Raise both arms. (Is one higher than the other? Do they have a hard time holding one up?)

Speech: Repeat a short, simple sentence. (Do they slur their words? Is it hard to understand them?)

Time: If any of these are 'yes', report to the emergency.

What is a TIA or mini stroke?

A transient ischemic attack, often called a 'mini-stroke', is more like a warning stroke. Blood flow is temporarily impaired to part of the brain, causing symptoms similar to an actual stroke. When the blood flows again, the symptoms disappear. A TIA is a warning sign that a stroke may happen soon. It's critical to seek emergency medical help if you think you've had a TIA. There are therapies to reduce the risk of stroke.

How is stroke treated?

TIME IS BRAIN.

Every second counts when seeking treatment

for a stroke. When deprived of oxygen, brain cells begin dying within minutes. There are clot-busting drugs that can curb brain damage, but they need to be used up to 4.5 hours of the initial stroke symptoms. Once brain tissue has died, the body parts controlled by that area won't work properly.

When someone with stroke symptoms arrives in the hospital emergency, the first step is to determine which type of stroke is occurring. There are two main types and they are not treated the same way. A CT scan can help doctors determine whether the symptoms are coming from a blocked blood vessel or a haemorrhage.

What causes a stroke?

A common cause of stroke is atherosclerosis. Plaque made of fat, cholesterol, calcium builds up in the arteries, leaving less space for blood to flow. A blood clot may lodge in this narrow space and cause an ischemic stroke. Atherosclerosis also makes it easier for a clot to form. Hemorrhagic strokes often result from uncontrolled high blood pressure or abnormal blood vessels.

Who is at risk?

The risk factor for stroke are diabetes, hypertension, obesity, smoking, sedentary life-style and high cholesterol. In addition cardiac disease and irregular heart beat known as atrial fibrillation increase the risk for developing a stroke.

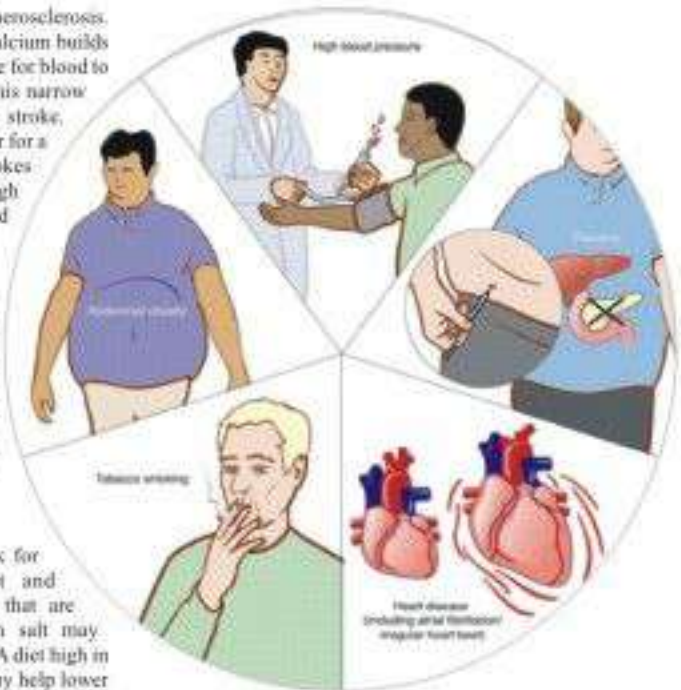
Does diet matter?

A poor diet may increase the risk for stroke. Eating too much fat and cholesterol can lead to arteries that are narrowed by plaque. Too much salt may contribute to high blood pressure. A diet high in fruits, vegetables, whole grains may help lower stroke risk.

What about medications?

In people with stroke, doctors often recommend medications to lower this risk. Anti-platelet drugs, including aspirin, keep platelets in the blood from sticking together and forming clots. Anti-clotting drugs, such as warfarin, may be needed to help ward off stroke in some patients. Medications to lower cholesterol and lower blood pressure may also be prescribed.

Stroke is a medical emergency. Prevention is the best cure, but in the event of a stroke emergency, quick recognition and treatment may have a dramatic impact on the outcome. It is best to approach a stroke ready hospital.



Spot a Stroke



FACE
Drooping

ARM
Weakness

SPEECH
Difficulty

TIME
To Call 911

Work out your wellness Your real wealth...



Woman is undoubtedly the most wonderful and powerful creation of God. We, the better half, have indeed a great responsibility to take care of ourselves and our dear ones. The best thing is that God has made us so capable to do it well. We just need to realize this power within and follow it....

Mental and physical well being is much talked about today, like never before. Since women are basically givers, we often tend to be so giving in our journey of life that we end up neglecting our own physical and mental health.



Today, the most common diseases among women are Cardiovascular, breast and ovarian cancer, diabetes, osteoporosis and depression, which are on rise. The interesting fact is that most of them are life style related and hence very much within our control. Below are few guidelines which can help us to live a healthy life in today's maddening times.

Prioritize yourself

The single most important thing a woman can do to help herself is to prioritize her key needs and requirements, even as she does it for the family. She needs to build a balanced world for her and not heavily tilted just for others. If a woman neglects what she likes to do, eat or express, then soon it will affect her mental and physical well being. *"So 'wave your oxygen mask first and then think of extending yours."*

Make informed choices

You need to read and be updated with the nutrition content of various foods you buy. Be sure to check the

information you hear from friends and relatives before you follow it blindly. This helps in the right choice of food. An informed choice is usually more healthy and not out of temptation. It helps you to plan balanced meals. It's a good idea to roughly plan a healthy menu for next 5 days and stock the things accordingly.

Exercise



Being physically active is a very important aspect of our health. We are lucky to have numerous options today, from gymnasiums to swimming pools to Sports courts to walking tracks to yoga classes and much more. Choose whatever works best for your body and is convenient on a regular basis. Women need a mix of cardio and resistance or weight-bearing exercise at least three to five times a week to help prevent osteoporosis, heart disease, cancer and diabetes. Exercise also promotes good self-image and activates metabolism which is really important to a woman's mental health.

Stress management

We live in a world which is changing at a maddening pace and the pressure to be updated and progressive is like never before. Technology and devices have pushed us to being always engaged and respond faster, which has taken a toll on our relaxation and resting time. Moreover, we try to multi task to our best which does trigger stressful situations. We can counter this by brief meditation period set aside regularly and making a realistic list of to-do things daily and managing it. We need to take out time to do the things which keeps us happy and relaxed. It can simple things like drawing, gardening, trying a new recipe, photography, reading etc

Regular check ups

Our body keeps changing as we age and it is also affected by the outside environment we are exposed to. The regular habits we develop also impacts our body. So, it is important to have regular health screening to detect the changes happening within the body. It helps detect any problem arising at an early stage and thereby making it easier to cure or control it. After an age of 30, yearly check ups are recommended. You can choose a basic health check up package to gauge your overall health and then decide with your family doctor, if any further tests are needed.

Smart snacking

Our lives are constantly a juggle managing various responsibilities, whether a working mom or a full time homemaker. Eating healthy every time becomes a challenge, if not planned ahead. It is good to make a list of healthy foods which you like and a list of the ones you want to try. Mix and plan to have these foods within gap of few hours throughout the day. Stock your home and office desk with healthy options and carry them along while travelling. Nuts, dried fruits, roasted



Pramila Mundra

Nutritionist, Bangalore

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multigrain mixtures, nutty protein chunks and bars, fresh fruits, low fat khakras are some good options. Prefer home cooked food whenever possible.



Quality sleep

Sleep plays an important role in your physical health as it helps in healing and repair of your heart and blood vessels. Sleep deprivation can lead to higher risk of chronic health problem like high blood pressure, heart disease and stroke. We need to get at least 7 hours of sleep regularly to rejuvenate our body and mind.

Social life



We humans are social animals and feel secure with good friendship and companions in life. An active social life with like-minded friends and relatives definitely helps to keep us happy and upbeat. You should connect with people who are positively engaged, fun loving and have similar interests. This helps de-stressing and being young at heart which can enhance a person's physical and mental health.

Super foods

Some foods have multiple benefits on your body as they are loaded with several vitamins and minerals. Include more of these in your diet. These include oats, brown rice, lentils, almonds, garlic, turmeric, beetroot, berries, avocado, orange, apple, watermelon, pomegranate, broccoli, oily fish, dark chocolates, green tea and green leafy vegetables.

Update your version

Life is a continuous learning process and each phase of life will present new challenges and opportunities to learn and explore. Let every new challenge make you stronger. Keep exploring and evolving.

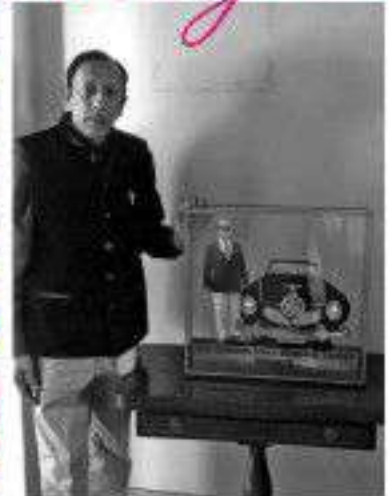
Let International Women's Day be explained as a giant birthday for all the women of the world. Blow out some candles, appreciate and rediscover yourself, and feel grateful for another year of progressive celebrations...

Rise and Shine

THE CLASSIC Journey...

VINTAGE CAR RALLY

"Neel Bahadur Singh Karki trophy" introduced by Sudhir Mathur in the fond memory of Neel Bahadur Singh, who passed away in 2016.



Every year in February, the rajputana automotive sports car club in association with the department of tourism holds a vintage car rally in the pink city. This year was no different and in large numbers the car aficionados and laymen from over the country witnessed the 1920's era retreating the street of the city.

But the 19th vintage and classic car rally 2017 unveiled the new trophy this year- "Neel Bahadur Singh Karki trophy" introduced by Sudhir Mathur in the fond memory of Neel Bahadur Singh, who passed away in 2016. "Neel" was an active member of rajputana automotive sports car club, in fact he was the lifeline of all the car rallies held. This is the first year without him and his absence is deeply felt by all of us", said Sudhir remembering Neel with fondness.

The trophy has Neel with his very favorite classic studebaker car of 1947 model from an array of vintage that he possessed. Along with the newly introduced cup, the participants were excited about the annual RAGHU SINHA cup for the best restored car classic and Maba mathur cup for the ladies crew in vintage. Vintage car rallies are always a pleasing site, not just for the cars themselves but also for the entire aura that surrounds such an event.

JAGRITI AT A GLANCE

कमेटी में शामिल होंगे आम जनता के चार प्रतिनिधि

राजस्थान के शिक्षा, जाग्रति के अध्यक्ष श्री विवेक कुमार ने एक शक्तिशाली समिति के गठन के लिए आम जनता के चार प्रतिनिधियों को आमंत्रित किया है। यह समिति 'स्वच्छ भारत' के अंतर्गत 'स्वच्छ विद्यालया' के अंतर्गत कार्य करेगी।

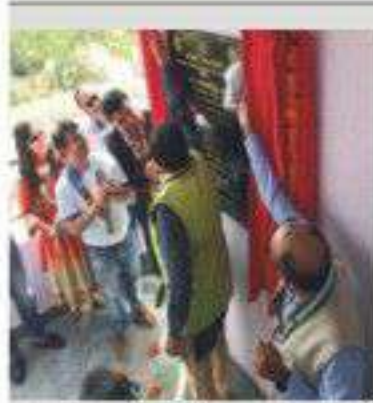
इस समिति में शामिल होंगे आम जनता के चार प्रतिनिधि। यह समिति 'स्वच्छ भारत' के अंतर्गत 'स्वच्छ विद्यालया' के अंतर्गत कार्य करेगी।



Team Jagriti visited MGD school to address the MGDians during assembly. It was such a wonderful session, we also presented the MGD principal mam the Jagriti samah award which is for the support MGD is providing us in our war against illiteracy. We acknowledged those 35 girls who have volunteered for us. It was such a wonderful session of 1/2 an hour with complete MGD school --- 3500 students present. it was a great moment for us



Shri Jai Krishan Jajoo has been honored by Maheshwari Samaj, Jaipur for being felicitated by Govt of Rajasthan with Swachh Bharat Award, Bhamashah Award



On 5.2.17 another block got completed in Jagriti Jhalana - kachhi basti school. Thanks to our RTI young friends for this block.



21.2.2017 - Another great day in the history of Jagriti. A roof was casted at Sanjay Nagar School



A new beginning - A Committee headed by our President Sh Jajoo will visit a school on every Saturday - which shall have an extensive and exhaustive look at the school and to ensure that each and every thing' process is in line of Jagriti that may be infrastructure or education or anything else. Committee visited Balika Sadan, Badarwas and Girdharipura. School



A new beginning was made on 1.3.2017 wherein we had invited Principals and Teachers of all our Govt adopted schools along with all the teachers (more than 50) on roll of Jagriti. we had a very interactive session with them (It is worth mentioning here that we also have 3 to 4 support staff (peons, sweepers, guards) in each and every school). The atmosphere at our conference hall was electrifying and was full of positive energy.



Jagriti adopted Govt Primary School, Sahkar Marg has been awarded with cleanest school under Govt of India's Swachh Bharat Swachh Vidhyalaya" school



A mesmerizing performances were give by our kids at city palace, Jaipur. Kids of Balika Sadan sung a prayer and kids of Govt Upper Primary School, Khatipura gave a amazing dance performance. They got standing ovation from the intellectual crowd, Princess Mrs Diya Kumari and our President Mr Jajoo were amongst them



With the help of Round Table India, our 15 top (in academics) visited New Delhi on 26.2.2017. They left Jaipur during early hours by Indigo flight to New Delhi and while coming they enjoyed the drive of double decker train. This was their first ever experience of Aeroplane and double decker train and that's why their joy had no limits.



Director of TATA Projects Limited Mr Colin and their advisor Brigadier Nigam visited few of our schools. They were amazed to see our schools, he wrote on our visitor book - "A fine example of NGO". And Advisor, Brigadier Nigam expressed himself as "Happy to see smiling faces, pleasure to interact with all.

CHAMPAGNE BRUNCH

@ FAIRMONT JAIPUR



Surrounded by scalloped umbrellas and waterfalls the winter sun in Jaipur has seldom shone on a gathering as prominent as when Srijan Vidheta (General Manager Fairmont Jaipur) and Vikram Baidyanath (CEO of the Baidyanath Group) hosted at the 'Saheliyon Ki Bari' (Courtyard of Maidens) on the 25th of February 2017. On it first exclusive display in the city was the new Mini Clubman for all to admire. The afternoon went on to the early hours of the evening as the well-heeled luxury globe trotters and leaders of industry in attendance raised a toast to the gathering over a sumptuously spread Barbeque Brunch, music and cocktails.

मुश्किलों के बीच सपनों की उड़ान फ्लाइट ऑफ फैंटेसी



संभावनाएँ हालातों से प्रभावित नहीं होतीं और असंभव कुछ भी नहीं होता। फ्लाइट ऑफ फैंटेसी तो यही सिखाती है। एक ऐसी योजना जो दुनिया के कई देशों में अपनी उपस्थिति दर्ज करवा चुके राउट टेबल की भारत में बड़ी पहचान बन गई है। राउट टेबल इंडिया की ओर से यह योजना हर साल सामाजिक रूप से अभावग्रस्त बच्चों को हवाई यात्रा, रेल यात्रा, दिल्ली दर्शन और राष्ट्रपति भवन की रोमांचक सैर का तोहफा देती है। शहर के विभिन्न पांच संस्थानों से चुने हुए बच्चों और संरक्षकों के साथ राउट टेबल का दल जयपुर एयरपोर्ट से दिल्ली के लिए रवाना होगा।

आने वाली फिल्म 'जीना इसी का नाम है' के कलाकार अरबाज खान व मंजरी फर्डनीस ने फिल्म प्रमोशन के दौरान जयपुर का किया दौरा



आने वाली फिल्म 'जीना इसी का नाम है' 3 मार्च को रिलीज हो रही है। रोमांस व इम्बेसन से भरपूर यह फिल्म राजस्थान से आरंभ होकर मुंबई व फिर अमेरिका तक जाती है। फिल्म के प्रमोशन के लिए अरबाज खान व मंजरी फर्डनीस ने जयपुर में प्रेम कांग्रेस में आतचीत की तथा जयपुर के आनंद इंजीनियरिंग कॉलेज के स्टूडेंट के साथ हसी मजाक व मीठे मस्ती के माहौल में सभी का भ्रमण मनेरेज्ड किया।

PUSHPA BITAN WORKSHOP ON FLORAL ART



Kamla Poddar Group, a leading name in career education, health & wellness and lifestyle, brings in yet another workshop on floral art, organized by Pushpa Bitan Jaipur Chapter, this one day workshop will bring in interesting floral art concept for enthusiasts and floral professionals. Pushpa Bitan has been keenly active in bringing opportunities for enthusiasts and floral professionals to learn more about flowers & their arrangement since its inception, associated with U.K. based flower arrangement school, NAFAS (National Association of Flower Arranging Societies). International floral design expert Elizabeth T. Wehman from the USA visited our campus to conduct a Floral demonstration organized by Pushpa Bitan Jaipur Chapter. The demonstration was on Feb 24th, 2017 at 10:30 am onwards at Kamla Poddar Institutes.

STAR VISIT OF BADRINATH KI DULHANIA AT INOX



KAYA SKIN EXPERTS REVEAL HOW TO PREVENT SKIN-AGEING AND REVERSE ITS EFFECTS



Extending its endeavor of providing specialized skincare expertise to consumers from all parts of the country, Kaya conducted the 'Meet The Expert' session on anti-ageing in Jaipur on 21st February, 2016. People from across the city met Dr. Lee Pee Mei, Kaya Skin Clinic, Medical Advisor for customized consultation and personalized solutions on the various concerns relating to skin-ageing. The remarkable success of similar meet-the-expert programs that was conducted by Kaya, showcased the fact that the aspirations of consumers in emerging markets match those of their counterparts in metros. According to a recent report by Zion Market Research, the global demand for anti-ageing market is expected to reach USD 216.52 billion in 2021. Dr. Lee Pee Mei, Kaya Skin Clinic, Medical Advisor said "Ageing is no longer a concern only for people of a certain age, with our constant exposure to the sun, pollution and elements, the first signs of ageing begin showing on your skin as early as your mid-twenties. To tackle this, we have introduced the Youth Brilliance range in addition to our extensive anti-ageing portfolio."

OMAN AIR INAUGURATES ITS NEW OFFICE IN THE PINK CITY OF JAIPUR



Oman Air, the national carrier of the Sultanate of Oman, inaugurated its Jaipur office at a new and central location in the city.

RAJPUTANA CELEBRATED THE INTERNATIONAL WOMEN'S DAY



ITC Rajputana celebrated the International Women's Day with the UN Theme "Be Bold for Change" on 8th March 2017. ITC Rajputana's Ladies Chapter has been very actively working on educating the team by introducing various faculties on Women Empowerment, Safety, Education, Health etc. This forum tends to promote talent, knowledge and ideas in raising confidence and help the society for women and talks about WOMEN ON SEXISM, Women on Parenting, Women on Family Support, Women on Defence, Women on Women. During the session, ITC Rajputana engaged in conversation with Power Women who have shattered the glass ceiling in their respective professions and risen right to top with a bold stand.

SCOOT AND TIGERAIR ANNOUNCE EXCLUSIVE INDIA CAMPAIGN - YAADEINBANAO



Scout and Tigerair have yet again come together to offer the perfect getaway for Indian families this summer. Singapore's leading budget carriers announced the #YaadeinBanao campaign for travellers across their India network with attractive all-in-one way fares starting from as low as INR 5,099.

2-DAY WORKSHOP ON SHARING BEST PRACTICES OF SINGAPORE TOURISM BEGINS IN JAIPUR



A 2-day workshop entitled "Tourism Programme in Rajasthan, India" began at Hotel Lalit in Jaipur. It was inaugurated by Additional Chief Secretary, Forest and Tourism, Government of Rajasthan, Mr. NC Goel. On the occasion Mr. Goel said that the workshop will give the participants an opportunity to learn about the Singapore's best practices in the tourism sector. They will get to imbibe how Singapore has emerged as one of the top tourist destination in the world, he said.

IHMR UNIVERSITY ORGANISES ALUMNI MEET OF SCHOOL OF RURAL MANAGEMENT



India's globally recognized and leading healthcare research institutions, IHMR University, organised Annual Alumni Meet of School of Rural Management (SRM) at its Jaipur campus. IHMR University, Jaipur has a rooted history of planning and executing various projects under SRM in the area of Sanitation, WASH, Child Health, Women Empowerment etc. The alumni of SRM, IHMR University have been contributing to the Rural and the related sectors tremendously. Present at the day Dr. Vivek Bhandari, President, IHMR University and Dr. Goutam Sadha, Dean Incharge - SRM, IHMR University, addressed a gathering of the alumni and the current batch of the MBA Rural Management.

जेआईटी कॉलेज में कवि सम्मेलन का आयोजन



CELEBRITY YOUTH ICON GEETA & BABITA



Jaipuria Jaipur's auditorium echoed with the names of the two dhakad Dungal fame sisters Geeta & Babita Phogat who came to attend the 4th International Youth Conference 2017. They were the youth icons of the conference on the second day 18th Feb, 2017. As Geeta & Babita entered they were greeted with the loud cheers. Auditorium was full with over 700 people and people are standing to have the glance of these two ladies. They thanked Jaipuria for inviting them. Babita said, "Film ke asli hero apke samne khade hai".

ROTARY CLUB JAIPUR AND ROTARY CLUB JAIPUR MAJESTY HAVE ORGANIZED LN-4 PROSTHETIC HAND CAMP



Rotary Club Jaipur and Rotary Club Jaipur Majesty have organized LN-4 Prosthetic Hand Camp and implanted 352 Prosthetic Hands to the amputees/disabled people at Kullu Village, Sikar, Jaipur on 5th Feb, 2017. With a record number of registrations and implants in a single day the event has been registered in Golden Book of World Records. The world record certificate was presented by Mr. Alak, Golden Book of World Records to the Rotarians. The prosthetic hands were provided by the LN-4 Prosthetic Hand Foundation. On this grand occasion LN-4 Prosthetic Hand Foundation, India Head, Rm. K.V.Mohan Kumar, State Ministers Shri Yunus Khan and Dr. Arun Chaturvedi, Govt. of Rajasthan; Justice Sajjan Singh Kothari, Rajasthan's Lokayukt were also present.

जयपुर इंस्टीट्यूट ऑफ टेक्नोलॉजी-ग्रुप ऑफ इंस्टीट्यूट्स, कलवादा, जयपुर में दिनांक 23 फरवरी 2017 को कवि सम्मेलन का आयोजन किया गया। जिसका शुभारंभ कवी मुख्य अतिथि श्री देवी नारायण पारीक, विभागाध्यक्ष चालक, संगीत विज्ञान भारती, श्री संजय बंसल, अध्यक्ष, विज्ञान भारती, श्री एम.एम. अश्वल, चेयरमैन, जेआईटी, श्री अशोक कन्दोई, सचिव, जेआईटी एवं निदेशक डॉ. रवि कुमार गंगुल द्वारा मां सरस्वती के सम्मोह दीप प्रज्वलित कर किया गया। कवि सम्मेलन में जयपुर प्रदेश से आठ ख्यातनाम रचनाकारों ने तम्य प्रस्तुति देकर श्रोताओं का धरपूर मनोरंजन किया।

ZERODHA'S CLIENT BASE GROWS TO 2.34 LAKH IN 1 YEAR



Zerodha, India's leading technology-driven brokerage firm, announced its overall growth numbers. Zerodha has grown tremendously in the past one year, adding clients at a rate of 157.14% (FY 16-17). Zerodha currently has a user base of over 2.34 lakh across India. Zerodha recently took a momentous step to nurture young minds with Rupee Tales - a set of 5 story books which attempts to familiarise children above 7 years to basic financial concepts. Zerodha has used storytelling with vibrant illustrations as a medium to convey these concepts.

Nithin further said, "Zerodha is committed to improving financial literacy in India. Our educational initiatives, such as Varsity and Trading Q&A are a testimony to this. We are taking this commitment further with Rupee Tales. It is our earnest attempt to creatively inculcate basic financial awareness among children. The concepts covered in Rupee Tales pertain to financial inclusion; pivotal to the cashless and paperless economy India is striving for. A large part of the financial inclusion for all dreams is dependent on how the younger generation adapts to it."



जॉन प्लेयर्स का नया स्पिंग समर कैजुअल कलेक्शन



स्ट्रीट फैशन को एक नए लुक में शामिल करते हुए, जॉन प्लेयर्स ने टेंड्री और कलरफुल कैजुअल वियर का नया कलेक्शन पेश किया है, जो निश्चित रूप से युवा पुरुषों को प्रभावित करेगा। इंटरनेशनल फैशन और भारतीय शहरीक बनावटों पर अच्छी तरह फिट होने के लिए तैयार किया गया जॉन प्लेयर्स का यह नया स्पिंग समर कलेक्शन फैशन पसंद पुरुषों के बीच स्टाइल का एक अलग प्रचलन लाएगा। जॉन प्लेयर्स के सभी कपड़े आधुनिक फिटिंग, एक्सपेरिमेंटल जोश और जोरपूर्ण स्टाइलिंग के साथ आते हैं।

देश के प्रख्यात कार्डियोलॉजिस्ट्स एवं कार्डियक सर्जन्स के बीच हुई चर्चा

फॉर्टिस एस्कोर्ट्स हॉस्पिटल की ओर से होटल मैरियट में दो दिवसीय नेशनल कार्डियक कॉन्फ्रेंस "बुनोइआ" सम्पन्न हुई। कॉन्फ्रेंस के दूसरे दिन देश के प्रख्यात हृदय रोग विशेषज्ञ अपने अनुभव तथा कार्डियोलॉजी एवं कार्डियक सर्जरी के क्षेत्र में हुई नवीनतम प्रगति के बारे में चर्चा हुई।

मैक्स फैशन ने पिंक स्क्वायर मॉल और ट्राइटन मॉल पर अपने नवीन स्टोर्स की शुरुआत



भारत का प्रमुख फैशन ब्राण्ड, मैक्स फैशन आज पिंक स्क्वायर मॉल और ट्राइटन मॉल पर अपने नये स्टोर की शुरुआत की। इस नये स्टोर का शुभारंभ प्रतिभाधान टेलीविजन अभिनेत्री मिता बंसल ने सेवा भारती से विशेष सुविधा प्राप्त बच्चों के साथ किया।

YOUTUBE COMES TO RAJASTHAN TO INSPIRE THE NEXTGEN OF YOUTUBE CREATORS



With close to 400 million internet users in India, high engagement with online video content is driving rapid growth of the online video creator ecosystem in India. In 2016, several independent video content creator saw robust growth in their viewership hitting new levels of success in India. To further accelerate this growth, YouTube is putting its efforts behind the creators who are at the heart of YouTube with the launch of a new campaign #SeeSomethingNew. Designed to inspire new creators and help audience discover more of their favorite content, the campaign puts the spotlight on top Indian creators across content categories like Food, Comedy, Music and Tech. The campaign features creators like Nisha Madholika a homemaker from Noida with over 10 lakhs subscribers and seventeen year old budding Chef Yaman Agarwal with his CookingShooking channel from Hyderabad. In entertainment, the campaign showcases Being Indian the quirky, Indian, Observational and Youthful channel with over a million subscribers and 191 million views.

DOCTOR'S AT FORTIS ESCORTS HOSPITAL, JAIPUR PERFORMED HIP REPLACEMENT THROUGH COMPUTER NAVIGATION TECHNIQUE



The colorful state of Rajasthan is acquiring global consideration for medical facilities. Jaipur, the capital of Rajasthan State is turning out to be the well-liked global medical facilitated spot. Today, Dr. Kamaldeep Singh from United Kingdom, Secretary General, International Society of Computer Assisted Orthopedics Surgery and Dr. Anoop Jhurani, Director, Joint Replacement Department, Fortis Escorts Hospital, Jaipur, performed hip replacement surgery on a 61 yrs old patient with the help of complete computer navigation technique with minimal invasive approach. This was possibly for the first time in Rajasthan's medical history when hip replacement surgery was performed with the help of complete computer navigation technique.

ओ कुमेनिया ने किया कुमेन डे का सैलिब्रेशन बदलाव के लिए सशक्त होती महिलाएँ



ओ कुमेनिया महिलाओं द्वारा, महिलाओं के लिए चलाया जा रहा एक वीमेन ग्रुप है। इंटरनेशनल कुमेन डे खानी 8 मार्च को ओ कुमेनिया ने जयपुर के जैकेके में कुमेन डे का खानदार सैलिब्रेशन किया। जिनमें अशु हर्ष, निर्मला सेवानो, निशि मुंकेस, विन्नी गोगना, शुभा बोहरा और नेहा पंखर ने टॉक शो में हिस्सा लिया। इसमें कई स्पेशल गेस्ट्स का भी आयोजन किया गया, जिनमें मेहदी आर्ट, मेकओवर, रिफ्रेशमेंट कजलब्रेलिया डांस, फ्यूजन परफॉर्मंस, पेंट शे, टीरो वॉडिंग, फूड एंड शॉपिंग और गैम्स एक्टिविटीज जैसे आकर्षण का केंद्र रहे।

जेआईटी कॉलेज में अंतरराष्ट्रीय महिला दिवस का आयोजन



अंतरराष्ट्रीय महिला दिवस के अवसर पर जयपुर इंस्टीट्यूट ऑफ टेक्नोलॉजी-ग्रुप ऑफ इंस्टीट्यूशंस, जयपुर में महिला दिवस का आयोजन किया गया। कार्यक्रम का शुभारंभ डॉ. रवि कुमार गोयल, निदेशक, जेआईटी के द्वारा किया गया। निदेशक डॉ. रवि कुमार गोयल ने इस अवसर पर अपने विचार व्यक्त किये और कहा कि नारी शक्ति को मेरा शत-शत नमन। भारतीय संस्कृति में महिलाओं को बहुत महत्व दिया जाता है। लेकिन महिलाओं के प्रति सम्मान व्यक्त करने के लिए 8 मार्च को संपूर्ण विश्व में अंतरराष्ट्रीय महिला दिवस मनाया जाता है, उसी उपलक्ष्य में जे आई टी भी फेरे नहीं है।

अंतरराष्ट्रीय महिला दिवस के अवसर पर छात्राओं ने स्वयं को सुरक्षित रखने का लिया प्रण



अंतरराष्ट्रीय महिला दिवस के अवसर पर छात्राओं ने राज महिला सुरक्षा एप का इस्तेमाल कर स्वयं को सुरक्षित रखने का प्रण लिया। द आई आई एस विश्वविद्यालय की राष्ट्रीय सेवा योजना इकाई तथा शिप्रा पथ पुलिस शाला के संयुक्त तत्त्वधान में विश्वविद्यालय परिसर में राज महिला सुरक्षा एप के बारे में छात्राओं को जागरूक करने के मकसद से एक गैस्ट लेक्चर आयोजित किया गया। मुख्यमंत्री वसुंधरा राजे द्वारा लॉन्च किए गए इस एप के बारे में जानकारी देने के लिए शिप्रा पथ थाने से चार सदस्यीय टीम विश्वविद्यालय पहुंची जिनमें शामिल थे जूनियर नर्सरी एवं कान्टेन्टल मॉड्युल, सुभाष एवं किशन मिश्र।



कम कीमत के गुणवत्तापूर्ण ग्लूकोज, मारी और मिल्क बिरिकट जीएसटी में छूट के सही हकदार

बिरिकट पर सीधे-सीधे 12 प्रतिशत की दर से लागू गूड्स एंड सर्विस टैक्स (जीएसटी) आम लोगों के साथ घोर अन्यायपूर्ण साबित हो सकता है। 100 रुपये प्रति किलो से भी कम की दर से बिकने वाले ग्लूकोज-मारी और मिल्क बिरिकट गुणवत्तापूर्ण सामान के रूप में पहचाने जाते हैं, क्योंकि आम तौर पर उनकी छपत अधिक होती है। केंद्र सरकार ने 2003 में बिरिकट्स पर केंद्रीय उत्पाद शुल्क को घटाकर 8 प्रतिशत (पूर्व में 16 प्रतिशत) किया तथा सन 2007-08 में 100 रुपये प्रति किलो तक की दर पर उत्पाद बिरिकट्स को कर में छूट दी गई। 36,000 करोड़ के भारतीय बिरिकट उद्योग का प्रतिनिधित्व करते हुए बिरिकट मैनुफैक्चर्स वेल्फेयर एसोसिएशन (बीएफए) के अध्यक्ष हरीश दोषी ने यह मांग रखी: इस अवसर पर बीएफए के अध्यक्ष हरीश दोषी ने कहा - 'ग्लूकोज, मारी और मिल्क बिरिकट्स अर्थात् लो प्राइज बिरिकट्स, भारत में एक वर्ष में बेचे जाने वाले 35 लाख टन बिरिकट्स में 52 प्रतिशत हिस्से के रूप में शामिल है।



LG REFRIGERATORS TO SAVE YOU COOL CASH THIS SUMMER

LG Electronics India, the leading consumer durable brand in the country brings to you its premium range of Frost Free and Direct Cool refrigerators this summer that are best in class and help you conserve electricity by saving more energy. The Frost Free and Direct Cool range of refrigerators are available in unique premium colors and floral patterns to address your challenging needs of storing food and maximizing space. Mr. Praveen Gossain, business head, Refrigerators, LG Electronics India, said,

"Since the last few years, the summer months have become harsher. Keeping in mind the current weather conditions, there was a need to upgrade our home appliances. LG's frost free range of refrigerators is going to redefine the entire refrigeration category in many more ways than one. These are the unique products that meet the energy-efficient standards and let consumers have peace of their mind."

MONTESSORI GRADUATION AND PRIZE DISTRIBUTION CEREMONY OF RYAN INTERNATIONAL SCHOOL, JAIPUR



थार सर्वोदय संस्थान, रिफ फिल्म क्लब व सिम्पली जयपुर मैगजीन के संयुक्त तत्वावधान में धनक फिल्म की जयपुर के सरकारी स्कूल में सचीनिंग



थार सर्वोदय संस्थान, रिफ फिल्म क्लब व सिम्पली जयपुर मैगजीन के संयुक्त तत्वावधान में श्री जोशी राजकीय आदर्श उच्च माध्यमिक विद्यालय खोसरोबास, गढ़वाल-जयपुर में बच्चों की शिक्षा 'धनक' की सचीनिंग की गई। इस मौके पर विद्यालय की प्रधानाचार्य चांभरी कोशिक भी मौजूद थीं। स्कूल की प्रधानाचार्य व छात्र-छात्राओं ने धनक फिल्म को सराहा। साथ ही रिफ की टीम को यह फिल्म में प्रतिक्रिया अर्पित की। उपस्थितों ने कि धनक फिल्म सुनकर फिल्मस द्वारा निर्मित है जिससे बच्चों को अपने जीवन में एक प्रेरणा मिलती है। रिफ (राजस्थान इंटरनेशनल फिल्म फेस्टिवल) द्वारा अपना फि ल्म का शहर के एथीलेटिस सिनेमा हॉल में भी सचीनिंग की गई है जिससे स्कूल के बच्चों ने यह-सुझाव दिया गया था। रिफके फेस्टिवल इन्फोर्मेटर योगेश हर्ष ने कहा कि 'इसका प्रयोग रिफ फिल्म क्लब के माध्यम से ऐसे विद्यों की सचीनिंग करने है जिससे हमारे देश में बच्चों को इससे नाई दिना मिल सके। अपने भी हमारा प्रयत्न जारी रहेगा।'

“बोलती खामोशी” में खयां हुई अधूरी मोहब्बत की दास्तां



हिन्दी सिनेमा के महान गीतकार साहिर लुधियानवी और महार साहित्यकार अमृता प्रीतम के बीच पनपी मोहब्बत की अधूरी कहानी मंच पर फिर जीवंत हुई। वीमन अर्निवाइजेशन फोर रिगार्ड्स श्रु इमेनिटी सोसायटी (वर्ष) और सारा क्रिएशन्स की ओर से अन्तरराष्ट्रीय महिला दिवस के अवसर पर 8 मार्च 2017 को सायंकाल 7 बजे लखनऊ कला केन्द्र के रंगमंच सभागार में कथा शैली की नाटिका “बोलती खामोशी..... एक अधूरी मोहब्बत” का मंचन किया गया। इस एकल नाट्य प्रस्तुति में प्रख्यात एंकर-अभिनेत्री सालेहा खान ने साहिर लुधियानवी और अमृता प्रीतम के बीच उभरे प्रेम के सौन्दर्य और ममान की बर्दशा के चलते अनकहे लफ्जों को अपने अभिनय को बयां किया।

CANVAS INTERNATIONAL ANNUAL DAY

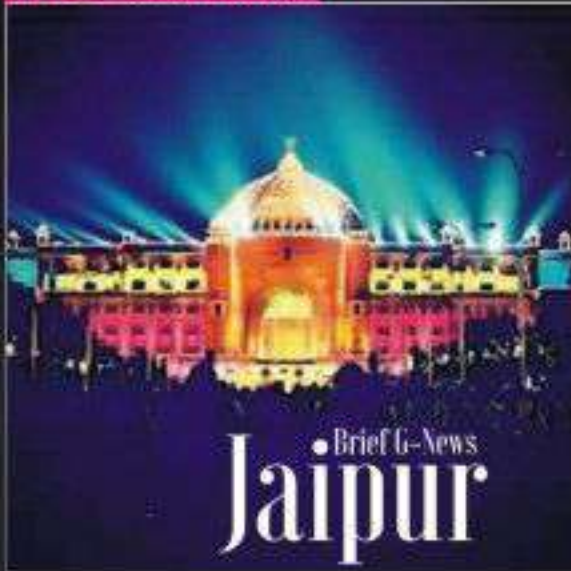


Canvas International School, Jothwara bubbled up with "Joy Fiesta" when it Celebrated its Annual prize distribution and culture program on its First Annual day, the function commenced with the lightly of ceremonial lamp by Director, Hema Harchandani, which was followed by Ganesh Vandana.

FOND FAREWELL TO OUTGOING BATCH OF 2017



Bidding farewell to the batch of 2017 at Jaysree Perival International School was done through a ceremony laden with nostalgia and emotion! The Management, staff and students of grade 11 accorded a warm Farewell to them in a function which was commenced with the Directors of the JPIS, Mr Ayush Perival and Aakriti Perival Blessing the students for a happy and successful future ahead. He proudly declared that this batch of students had brought laurels to the School with their innumerable achievements in academics and co- curricular activities as well as the outstanding placements in Ivy Leagues and other famed Universities around the globe. The Farewell Function was satiated with reminiscence as a presentation showcasing snippets from the precious moments of the graduating batch: the students laughed, gasped and exclaimed as the years flashed across the screen. The aesthetically designed Auditorium witnessed contrasting expressions of mirth and many a wet eye on this occasion.


 Brief G-News
Jaipur


DR. K. L. JAIN, HONORARY SECRETARY GENERAL, REGION BEHALF OF THE MANAGING COMMITTEE OF RAJASTHAN CHAMBER OF COMMERCE AND INDUSTRY PRESENTING A CHEQUE FOR RS. 10,00,000/- (TEN LAKHS ONLY) TO THE CHIEF MINISTER OF RAJASTHAN SMT. VASUNDHARA RAJEJI TOWARDS THE 'ANNAPOORNA' RASOI YOJANA'

बजट सत्र के अवसर पर हाई-टी, राज्यपाल विधानसभा गये



राज्यपाल श्री कल्याण सिंह बुधवार को राजस्थान विधानसभा गये। श्री सिंह वैदर्भी विधानसभा के बजट सत्र के अवसर पर आयोजित हाई-टी कार्यक्रम में शामिल हुए। राजस्थान विधानसभा के अध्यक्ष श्री कैलाश मेघवाल द्वारा आयोजित इस जलपान कार्यक्रम में मुख्यमंत्री श्रीमती वसुंधरा राजे स्लित मंत्री मण्डल के सदस्यगण, विधानसभा के सदस्यगण, और अनेक गणमान्य नागरिकगण मौजूद थे।

KOERAN TOUR OPERATORS EVINCE INTEREST IN RAJASTHAN



Korea's leading airlines, Korean Airlines (KAL) has now started direct service 5 times a week connecting Seoul to New Delhi. Korean Airlines is keen to ensure that its current services to India remain viable year-round, for which they want to develop the market for Koreans to travel to India in large numbers. With this objective in mind, the Department of Tourism in association with Embassy of India in Seoul and Federation of Hospitality and Tourism of Rajasthan (FHTR) organized a business meet today in Hotel Grand Umarka in Jaipur with 10 leading tour operators of South Korea. On the occasion, Additional Chief Secretary, Tourism, Government of Rajasthan, Mr. NC Goel informed the travel trade fraternity of Korea that Rajasthan has registered 17% growth in tourist arrivals in the year 2016.

भारत और अमेरिका के आयात निर्यात व्यापार को बढ़ावा देने लिए मेमोरेंडम ऑफ अंडरस्टैंडिंग साइन किया गया



राजस्थान चैम्बर ऑफ कॉमर्स एंड इंडस्ट्री एवं अमेरिका स्थित नेशनल यू.एस. इंडियन चैम्बर ऑफ कॉमर्स के मध्य व्यापार विकास तकनीक परियोजना वितरण विज्ञान जैसे क्षेत्रों के द्विपक्षीय व्यापार विकास के लिये मेमोरेंडम ऑफ अंडरस्टैंडिंग साइन किया गया है, जिसमें भारत और अमेरिका के आयात-निर्यात व्यापार एवं उद्योग अन्य क्षेत्रों को भी बढ़ावा मिलेगा। राजस्थान चैम्बर की ओर से मानद महासचिव डॉ. के.एल. जैन एवं नेशनल यू.एस. इंडियन चैम्बर ऑफ कॉमर्स की फाउंडर सीईओ श्रीमती पूर्णिमा चौरिया ने मेमोरेंडम ऑफ अंडरस्टैंडिंग पर हस्ताक्षर किये। इस अवसर पर डॉ. के.एल. जैन ने कहा कि भारत के अमेरिका के साथ सदैव ही अच्छे व्यापारिक रिश्ते रहे हैं और अमेरिका के नए राष्ट्रपति के आने के बाद भी ये रिश्ते जारी रहने की उम्मीद है। इस अवसर पर राजस्थान चैम्बर के मानद महासचिव डॉ. के.एल. जैन नेशनल यू.एस. इंडियन चैम्बर ऑफ कॉमर्स की फाउंडर सीईओ श्रीमती पूर्णिमा चौरिया नामक स्टार एंटरप्राइज फण्ड अमेरिका के संस्थापक डॉ. ब्राइन वाटसन क्रेडर्ड के संरक्षक श्री गोपाल गुप्ता एवं श्री प्रशांत गुप्त तथा राजस्थान चैम्बर के अधिकारी एवं सदस्यगण उपस्थित थे।

राज्य का बजट जनहितकारी एवं विकासोन्मुख - नगरीय विकास मंत्री

RAJASTHAN BUDGET 2017-18



स्वागत शासन, नगरीय विकास एवं आवासन विभाग मंत्री श्री श्रीचन्द कृपलानी ने मुख्यमंत्री श्रीमती वसुन्धरा राजे द्वारा प्रस्तुत आम बजट को जनकल्याणकारी, जनहितकारी और आमजन के हित में बताया। उन्होंने कहा कि बजट में हर तबके का ध्यान रखा गया है। श्री कृपलानी ने आम बजट पर प्रतिक्रिया देते हुए कहा कि मुख्यमंत्री ने बजट में न केवल नगरीय विकास विभाग बल्कि सभी विभागों का समन्वित व विकासोन्मुखी बजट पेश किया। उन्होंने कहा कि बजट में प्रदेश के शहरी क्षेत्रों के विकास हेतु आगामी दो वर्षों में 9 हजार 500 करोड़ रुपये की राशि व्यय हेतु रखी है। जिसमें स्मार्टसिटी, अमृत, स्वच्छ भारत मिशन, आर्यु आईटीपी से सम्बन्धित कार्य किये जायेंगे। उन्होंने कहा कि बजट में प्रदेश के 29 शहरों की अमृत योजना के तहत खयन किया गया है जिसमें 3 हजार 223 करोड़ 94 लाख के 95 प्रोजेक्ट चिन्हित किये गये हैं।

श्री कृपलानी ने कहा कि अमृत योजना में जलापूर्ति, सौकरज, ड्रेनेज, शहरी परिवहन एवं हरित क्षेत्रों के काम किये जायेंगे। उन्होंने कहा कि राज्य की 179 नगरीय निकायों में 35.7 करोड़ रुपये की लागत से ग्रामीण गौरव पथ निर्माण के कार्य किये जाने की घोषणा की गई है। उन्होंने कहा कि राज्य के 190 शहरों के 625 स्थानों पर खार्ड-फार्ड सुविधायें शुरू करने की घोषणा की गई जो खार्डर्ड डिजिटल राजस्थान की अवधारणा को साकार करती है। श्री कृपलानी ने कहा कि इस बजट में दो हजार ग्राम पंचायत मुख्यालयों पर 1200 करोड़ रुपये की

लागत से ग्रामीण गौरव पथ एवं मिडिंग लिंक के निर्माण की घोषणा की। साथ ही 800 करोड़ रुपये की लागत से 5 हजार से अधिक ग्रामीण सड़कों के सुदृढीकरण एवं नवीनीकरण का कार्य किया जायेगा। उन्होंने कहा कि 250 ग्रामीण छाणियों को शुद्ध पेयजल से लाभान्वित किया जायेगा एवं पेयजल की गुणवत्ता से प्रभावित ग्रामीण क्षेत्रों में शुद्ध जल हेतु 1483 आर ओ प्लांट लगाये जायेंगे।

उन्होंने कहा कि आगामी दो वर्षों में एक लाख नये कृषि कनेक्शन भी दिये जाने की घोषणा की। उन्होंने कहा कि फसली ऋण योजना के तहत ध्याज अनुदान के लिये 370 करोड़ रुपये की प्रावधान रखा गया। श्री कृपलानी ने कहा कि बजट में शिक्षा के लिये 105 ग्राम पंचायतों में एक-एक राजकीय माध्यमिक विद्यालय को उच्च माध्यमिक विद्यालय में क्रमोन्नत किये जाने की घोषणा की गई है। उन्होंने कहा कि उच्च शिक्षा के लिए नवीन वर्ष में 8 नवीन राजकीय महाविद्यालय खोले जायेंगे, वहीं कौशल एवं रोजगार के लिये बजट में यह घोषणा की गई कि 18 पंचायत समितियों पर नवीन राजकीय आईआईटी प्रारम्भ की जायेंगी। श्री कृपलानी ने आम बजट को राज्य अर्थव्यवस्था को उत्तरोत्तर वृद्धि करने के लिये मील पत्थर साबित होने वाला बताया है कि कहा कि इस बजट से समाज के सभी वर्गों का सुनिश्चित विकास होगा।

एक अपील से जयपुर मेट्रो के स्मार्ट कार्ड नॉन रिफण्डेबल होंगे



भारतीय रिजर्व बैंक के निर्देशों के अनुसार एवं मेट्रो स्मार्ट कार्ड को इन्टरऑपरेबल बनाने की नीति के तहत एक अपील, 2017 में जयपुर मेट्रो के सभी स्मार्ट कार्ड नॉन रिफण्डेबल होंगे। परिवहन एवं प्रणाली निदेशक सी.एस. जीनगर ने बताया कि दिल्ली मेट्रो की तर्ज पर इसे निम्नानुसार किया जायित किया जा रहा है-

1. एक अपील, 2017 एच इसके तहत खरीदे गये सभी स्मार्ट कार्ड नॉन रिफण्डेबल होंगे।
2. फीचर में प्रचलित स्मार्ट कार्ड भी दिनांक एक अपील, 2017 से नॉन रिफण्डेबल हो जायेंगे। ऐसे स्मार्ट कार्ड धारक, जो अपने कार्ड की रिफण्डेबलता चाहते हैं वह 31 मार्च, 2017 तक मेट्रो स्टेशन पर आकर अपने को नरत ही प्रभावी निम्नो के तहत रिफण्डेबल प्राप्त कर सकते हैं।
3. एक अपील, 2017 से किये जाने वाले नये स्मार्ट कार्ड तथा एक अपील, 2017 से पहले खरीदे गये स्मार्ट कार्ड भी जयपुर मेट्रो में चलाने लिये तबकन एक अपील, 2017 से वे नॉन रिफण्डेबल होंगे।
4. एक अपील, 2017 एच इसके बाद लोखने गये जाने स्मार्ट कार्ड पर खगू चार्जिंग की कठोरता का केवल तब रिफण्डेबल डिपॉजिट हो सौटली जायेंगे।



मानसरोवर एवं न्यू आतिश मार्केट मेट्रो स्टेशन से टाटा मैजिक फीडर सर्विस की शीघ्र शुरुआत

मानसरोवर एवं न्यू आतिश मार्केट मेट्रो स्टेशन के 6-7 किलोमीटर परिधि में रहने वाले नागरिकों हेतु इन स्टेशनों तक आने जाने के लिए इसी माह जयपुर मेट्रो द्वारा एक सस्ती एवं बेहतर टाटा मैजिक फीडर सर्विस की शुरुआत की जा रही है। परिवहन एवं प्रणाली निदेशक सी.एस. जीनगर ने बताया कि मानसरोवर एवं न्यू आतिश मार्केट मेट्रो स्टेशन से जयपुर मेट्रो में रोजाना 5000 से अधिक यात्री चढ़ते हैं, जिन्हें आगे 5-6 किलोमीटर एरिया से आना जाना रहता है। ऐसे निर्यामित यात्रियों तथा अन्य महाने परिवहन के साधनों से यात्रा करने वाले नागरिकों को मेट्रो की सस्ती, सुगम, वातानुकूलित एवं सुरक्षित यात्रा के साथ साथ उनके घर एवं कार्यस्थल तक लाने ले जाने के लिए भी इसी मास माह में 20 नयी टाटा मैजिक गाड़ियों की फीडर सर्विस शुरू की जा रही है। परिवहन विभाग, राजस्थान सरकार द्वारा अनन्य रूप से इस फीडर सेवा के लिए स्टेट कैरिज के रूप में रुट मंजूर किये गये हैं।



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आज बात एक ऐसी शख्शियत की जो हर महिला के लिए किसी रोल मॉडल से कम नहीं हैं! बचपन से ही शांत, मामूम और आज्ञाकारी नीलम खेल कूद के अलावा ईश्वर में अटूट आस्था रखते हुए रीडिंग और कुकिंग किया करती थीं। नीलम मूंदड़ा वो नाम है जो पिछले कई सालों से राजस्थान की राजनीति और सामाजिक क्षेत्र में अपनी अलग पहचान रखती हैं।

जियोग्राफी विषय में डॉक्टरेट नीलम, कई समाज सुधार अभियानों से जुड़ी हुई हैं जिनमें बेटी बचाओ बेटी पढ़ाओ तथा बेटी का घर बसाओ जैसे अभियान हैं। इस अभियान के तहत बेटियों को सक्षम बनाकर गृहस्थ जीवन की शुरुआत की जाती है। उनके साथ बिलायें कुछ खास पलों की गुफ्तगू कुछ इस तरह है...

असली जुड़ाव वही है जो आपकी अंतरात्मा के साथ हो...

नीलम मूंदड़ा

> एक खास मुलाकात शुधि शर्मा के साथ...

अगर महिला सशक्तिकरण की बात करें तो महिलाओं ने हर क्षेत्र सफलता पायी है। समय के इस बदलाव के बारे में आप क्या सोचती हैं ?

नीलम : मेरा ये मानना है कि आज महिलाओं ने लगभग हर क्षेत्र में अपने अलग पहचान बनाई है, महिलाएँ अब आत्मनिर्भर हो रही हैं। और ये बदलाव कोई एक दो सालों में आया बदलाव नहीं है बल्कि इसमें काफी लम्बा वक़्त लगा है। महिलाएँ पहले से ज्यादा ऊँचकूक हुई हैं। सरकार भी महिलाओं का पूर्ण सहयोग कर रही है फिर चहें उनका संबंध महिला शिक्ष से हो या जनहित में जारी महिला उन्मूलन कार्यक्रम से हो।

एक सफल महिला को पारिवारिक और सामाजिक स्तर पर किन किन कठिनाइयों का सामना करना पड़ता है ? इसे आप किस तरह देखती हैं ?

नीलम : मुझे नहीं लगता कि किसी भी तरह की कठिनाई का सामना करना पड़ सकता है। अगर हर महिला टाइट मैनेजमेंट करके चले तो साबद कठिनाई जैसा कोई शब्द उसके अस्तर फस भी नहीं होगा। समय को मैनेज करके चलना ही सबसे आसू चल है।

आपकी नज़र में महिला सशक्तिकरण के बारे में औरत को कितना मजबूत, आत्मनिर्भर और ताकतवर बनाया है ?

नीलम : इस बारे में महिला को बहुत मजबूत बनाया है क्योंकि ये आरक्ये अंदर से चुस्त करवा है, खर-खर आगे बढ़ने की प्रेरणा देता है। एक जागरूक महिला के लिए ये बहुत जरूरी है की है कि वो परिवार और करियर में कैलेंस बैलेंस कर करीतमान रख सकती है।

आप अपनी पारिवारिक और प्रोफेशनल लाइफ में किस तरह बैलेंस करती हैं ?

नीलम : देखते भंग दिन शुरू होता है प्रातः 3:30 बजे से, मैं मैडिटेशन से दिन की शुरुआत करती हूँ।

क्योंकि बहुत जरूरी है कि आप कुछ वक़्त अपनी अंतरात्मा को दें। मेरी नज़र में असली जुड़ाव वही है जो आपकी अंतरात्मा के साथ हो। हर परिस्थिति को निर्भर पराई स्थिति के रूप में देखें और ये मान के चलें कि ये निर्भर एक परिस्थिति है जो सदा नहीं रहेगी। मैं अपने विषयों का भी स्पेश जोस्टा रखती हूँ और ये ध्यान देती हूँ कि कहीं कलसे से भी मेरे भोतर कोई नेगेटिव विचार न आवे। मैं नेचर के भी बहुत करीब हूँ और कलेज 12-13 खलों से ब्रह्मा कुमारी से जुड़ी हुई हूँ। साल में एक बार मास्टे अन्कू जन्म जाती हूँ। आज जो कुछ भी मैं बन पायी हूँ उसमें मेरे परिवार का पूरा सहयोग रहा है।

देश और समाज की उन्नति में महिलाओं का योगदान होता है इस पर आप महिलाओं को क्या संदेश देना चाहेंगी ?

नीलम : मैं हर महिला को यही कहना चाहती हूँ कि सबसे पहले अपने बारे में सोचें और अपनी अंतरात्मा के साथ रहें। हर किसी की परिस्थिति दूसरे में अलग होती है। देख कर देखी करके से बचना चाहिए। मैंने देखा है कि आजकल की महिलाएँ श्री जनसेल ख्यात है जो कि कहीं न कहीं चलत है। अपने परिवार को पहले अहमियत देनी चाहिए। मेरी नज़र में पहले परिवार और उसकी जिम्मेदारियों है काबू करके बाद में है।



अब कौन जनक आये

अश्वघोषा का ब्रह्मसूत्र

अब नहीं गिरता

उलटा के गर्भ पर

अब तो वो गिरता है

हर गर्भसत उतरा पर हो

कहते हैं सीता

अजन्मा श्री विदेही थी

पर वो एक ही थी

अब तो घर-घर में

अजन्मा है

देह धारण से पहले ही

उसे विदेही बना देते हैं

पुरुष को आकांक्षा में

पर,

उसकी भी तो कोई मुझे पुकार

पुकारती हर एक से यही सवाल

है पुरुष

तू मुझको बता दे

क्या मैं युग युग तक

वूँ ही अजन्मा रहूँगी

भोगती रहूँगी

पीड़ा और संभार

अपने वैदेही होने का

तुम ये तो खोजो

मेरे किना, तुम्हारा अस्तित्व कहाँ है

बनकर बेटी

में तेरे घर में आती

पुनर्जित करती

घर को हवाली

नन्ही हरेलियों से मैं

तेरे गालों पर छत्रकी लगाती

मैं बनती पत्नी तेरे घर महकाली

हर दुःख दर्द में

तेरे साथ मैं चलती

तेरे हर अंश के बदले

अपने प्राणों की आहुति देती

तुम जाते जो कहाँ बाहर

पलक अर्पण छग्न बुहार

मैं करती तेरा इंतजार

सपनों की भाषा में

तुझको सब सम्पन्न देती

जब करती मैं सोलह बुहार

और

तेरी जननी भी तो

मैं बन जाती।

Poems



सिंदूर

अंध जाती है तकटीर

सिंदूर की एक रेखा से

भाव, वेदना, अल्लाह और नरतन

हो जाती है सम्पिष्ट

गौरी बन शंकर की

हो जाती एकधर

सह जाती है खुशी-खुशी

हर दर्द को

वेद, सूत्र, शक्ति की जननी

रोतिखें का दमन धामे

नहीं करती कभी प्रतिकार

ज्या पड़ती है जब कभी

जबला भीतर के दर्द की

सब भी सिंदूर

नहीं करने देता चोत्कार

जुगनू

अंधेरे में

जो रोझनी लिए उड़ रहा था

तेरे विश्वास का

जुगनू

न जाने किस गली के

किस घर में

जाकर सो गया

बैठे हूँ मैं आज भी

इसी उम्मीद में

कभी तो जागेंगे

तुम्हारे सोये विश्वास का

जो जुगनू

जो मेरे लिए

सह्या रोझनिखें के सैलख

बदलते सिद्धान्त

मृत शिशु कंकाल को

अपने स्तने से चिपकाये

उस चंदरिया को देख

सहसा यह विचार अया

नहीं हो सकता चानरपुत्र

मानव,

आज हर जगह

किसी कूड़े कचरा के ढेर में

या

किसी नाली के पास

नवजात शिशु का

लावारिस पड़ा होना

मातृत्व शून्यता का

साधातु हस्तक्षर

साम्यता के इस बदलते

पैमाने पर

आज आदमी ने

बदल दिया

चानरपुत्र होने का सिद्धान्त

जो दिया था कभी

शक्ति ने।



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I, ANSHU HARSH, hereby declare that the particulars given above are true to the best of my knowledge and belief.

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Signature of Publisher

Date : 1.3.2017

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Hospitals

- **Fortis Escorts Hospital** : Malviya Nagar, JLN Marg, Ph : 2547008, 2547000
- **Dr. Batra's Homeopathy** : Opposite Bheer Petrol Pump, Mal Colony, Calgit Road, Above HDFC Bank, **Malviya Nagar, Jaipur** M : 091577 91577
MI Road : Mal 21, Opp. Raj Mandir Cinema Hall, Panch Bati
- **Vaishali Nagar** : Sorens Tower, Amrapali Circle, Next to INOX
- **Vidhyadhar Nagar** : Golden Times, Central Spine, Next to Indus Ind Bank

Also at Udaipur : Udaipole

- **Asopa Hospital** : Near DCM, Ajmer Road Ph: 2246161

Hotels

- **Marmot Hotel** : Ashram Marg, Near Jawahar Circle, Jaipur, Rajasthan, 302015 Ph: Phone:91-141-4567777, Fax: 91-141-4567897
- **ITC Rajputana Sheraton** : Palace Road, Jaipur, Ph: 5100100, Fax: 702102, E-mail: reservation.sheratonrajputana@itcwebcomgroup.in, www.itcwebcomgroup.in, Tamil (in ₹) 14500-80000
- **Royal Orchid** : Opposite To BSNL Office, Near Durgapura Flyover, Tonk Road, Tonk Road, Jaipur - 302018, Phone: +(91)-141-3091919, +(91)-9928037308
- **The Lalit** : 2B & 2C, Jagatpura Road, Jawahar Circle, Jaipur, Rajasthan 302 017 Phone:0141 519 7777
- **Four Points By Sheraton** : City Square, Tonk Road, Near Gopalpura Flyover, Jaipur -302018, Tel: 0141-3004600/3940669, Fax: 0141-3004699, E-mail: jaipur.reservation@fourpoints.com

Restaurant & Bars

- **Spice Court** : Achrol House, Jacob Road, Civil Lines, Jaipur M : 98290-62237
- **Handi Restaurant** : Maya Mansion Building, Opp Gpo, M I Road, Jaipur Phone +(91)-141-4253315
- **Wassup** : 4 Bhawani Singh Road, Subhash Marg C-scheme, Jaipur, 0141- 4110603 | Website: wassup.com.co

Flower Shop

- **Shree Ram Flowers & Decorators** : Shop No. 8, Near Ram Mandir, Hawa Sarak, 22 Godwan, Jaipur M : 9950711915

Book Magazine Store/Publisher

- **Shree Om Books** : Shop No. ATM3, Crystal Palm, 22 Godwan Circle, Jaipur Ph: 9829334264
- **Cross Word** : KK Square, C-11, Prithviraj Marg, C-Scheme, Ph: - 0141-2379400/01
- **Best Seller** : Ground Floor, MGF Mall, 22 Godwan, Jaipur
- **Chandra Books & Stationers** : S/A, 54, Amerpali Circle, Vashali Nagar Ph: 9962216186
- **Book Corner** M.I.Road Ph: 2368323
- **Universal Books** M.I.Road Ph: 5105640

Beauty Parlour/Saloon/Spa

- **Sizzlin Scizzors** : 444, Lane No.4, Shyam Kurg, Raja Park, Jaipur Ph: 0141- 4008455, 4035698
- **ZIVAYA Spa** : C-81A, Azad Marg, C-Scheme, Jaipur, Ph: 0141-4026173 | +91-9667621581, Email: apalod@zivayaspa.com; jaipur@zivayaspa.com
- **Suwama** : A-5, Suryavanshi Pwd, Chamu House, Opp. ICICI Bank, Sardar Patel Marg, C-Scheme, Jaipur Ph.: 0141 - 6001000

Malls of Jaipur

- **World Trade Park** : D-Block, JLN Marg, Malviya Nagar, Jaipur, Phone:0141 272 8044
- **Pink Square Mall** : Govind Marg, Sekt, Adarsh Nagar, Jaipur, Rajasthan 302004
- **MGF Metropolitan Mall** : 22 Godan Cir, Ashok Nagar, Jaipur, Rajasthan 302001
- **Crystal Palm** : C-Scheme, 22 Godan Cir, Jyoti Nagar, Jaipur,

IT Peripherals, Electronics, Gadgets

- **Imagine Apple Store** : G-12, Ground Floor, Triton Mall, Jhotwara Road, Jaipur M : 9351458155
- **Epson** : Kaushal : 9414096342, Rajewi 7969911699, Vinod 9982236986, e-mail: ehp@eid.epson.co.in, www.epson.co.in
- **D-link** : D-link Jaipur M : 91-141-4025480, E-mail: sales@dlink.co.in
- **Gionee Mobiles (Trust Marketing)** : M : 9926422255, E-mail: asianmarketing@trustenterprises.com
- **HP** : Elegant Computech Ph.: 9314866177, Marc Infosystem M : 844009990, Mangalam M. 9829186180
- **Darsh Communication** : 354, Himmat Nagar, Gopalpura Mode, Near Patil Jewellers, Tonk Road, Jaipur M : 9782145652

Education Institutes, Colleges

- **Kamla Poddar Institutes** : Power House Road, Painter Colony, Nahari Ka Naka, Jaipur, Rajasthan 302018 Phone:0141 220 7773

Corporate Gifts

- **Golden Divine** : 11/8, 1st Floor, Opp. Veer Chattral Park, Govind marg, Rajpark, Jaipur - 4, Ph: 91-141-2605592, 4015592, e-mail: goldendivine@gmail.com,

Fashion / Garments/ Botique

- **Anant Eternal Style** :3rd Floor, SDC Building above Brown Sugar, Malviya Nagar, Jaipur T : 0141 - 400 3296
- **Rama's Dresses** : Shop No-155, 1st Floor, Sarangi Mansion, Banu Bazar, Jaipur Ph. 91-141-2791724, 91-9261263628
- **Satyam Dresses** : Riddhi Sishhi Nagar, Niwara Road by Pass Bridge, Jhotwara, Jaipur Ph. 2469377, Mob.: 9602221895
- **Rass** : 11/1, Govind Marg, Raja Park, Jaipur, Ph. : 0141 - 4002900

Simply Beauty of the month

Ayushi Shekhawat



Simply Handsome of the month

Gaurav Bohra



Presented by
SIMPLY JAIPUR

Distributor for Jaipur's Best Tea & Coffee
www.simplyjaipur.com

Beauty

CONTEST

Send your stylish photograph to info@simplyjaipur.in and win, Simply Beauty or Simply Handsome contest. The selected winner's photograph will be published in the next issue of SIMPLY JAIPUR.

ABHA THAKKAR

Independent Director in a Natural
Sweetish Cosmetic Company.

cutest kid of the month

हम पैरेंट्स/माता-पिता के लिए उनका बच्चा दुनिया में सबसे प्यारा, ज्यादा और राजदुलारा होता है। आपकी ऑफ का सारा जब जीवन के किसी भी पल में पहली बार कदम रखता है या कोई अनोखा काम करता है तो आप हर उस पल को कैमरे में कैद कर लेते हैं। लेकिन हम नहीं चाहते कि यह कलखी आपके घर की 'वील ऑफ फ्रॉम' तक ही सीमित रह जाए। 'सिमपली जयपुर' ऐसे हर बूबसूरत पलों को और भी वापस बलाना चाहता है। आप अपने होजहास की तस्वीरें हमें भेजकर हर महिने उन टिलकस्य पलों को मैगजीन में उक़ार सकते हैं।

Age limit upto 7 years only.

ABHA THAKKAR

Independent Director in a Natural
Sweetish Cosmetic Company.



S/o Sona and Anil Sharma | Age 4 yrs.

BERLINALE

A MUST VISIT EVENT FOR FILM MAKERS ACROSS THE GLOBE

DR. SHRAVAN KUMAR | CEO, CHILDREN FILM SOCIETY OF INDIA

I was fortunate enough to visit Berlinale, one of the world's leading film festivals, for the second time. The 67th annual Berlin International Film Festival, also known as Berlinale, was held recently from February 9 to 18 at Berlin, Germany.

Berlin is truly an exciting, cosmopolitan cultural hub that never ceases to attract artists from around the world. My first visit was in 2015, before the 18th edition of the Golden Elephant, organised by Children's Film Society, India in Hyderabad. This year again, my visit to Berlinale coincides with the 19th edition of the Golden Elephant.

My trip to Berlin was much more than just participating at the Film Festival. It was not to just scout for films, but also learn about the best practices for showcasing children's films through non-commercial channels.

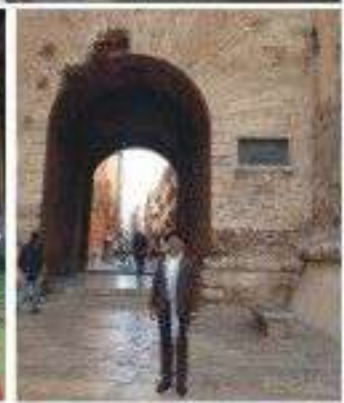
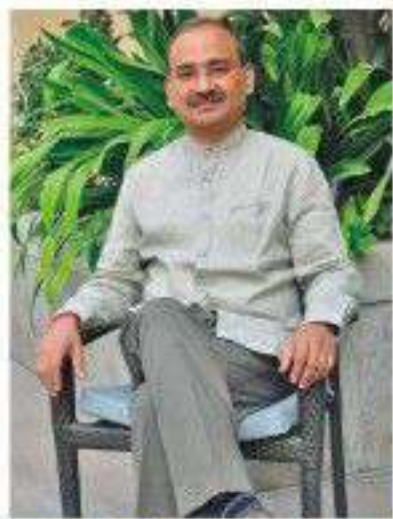
The event was so colourful that it is hard to describe in mere words. The festival saw the whole place jostling with people, which only went on to prove that every person attending the event made it more successful marking it as their own event.

Attending Berlinale for the second time, I am determined to realise my dream of creating a similar bonhomie for film makers from across the Indian sub-continent and engender a similar kind of atmosphere here.

I also visited Paris and Valencia in Spain, where I had the great opportunity to meet noted film makers, film festival directors and authorities of European Children's Film Association (ECFA).

My meetings with Ambassador D.B. Venkatesh Varma, Indian Ambassador to Spain to the Conference on Disarmament, Geneva, Mr. Abhishek Singh, Deputy Chief of Mission at the Indian Embassy in Berlin, Germany, Mr. Lavanya Kumar, First Secretary (Press, Information and Culture) at the Indian Embassy in Paris, France and Mr. Reinhold T. Schöföel, Managing Director, Bundesverband Jugend und Film (BJF) at his Frankfurt office was fruitful in many ways.

I also interacted with festival directors of Schlingel, Zlin, Olympia and several other children's film festivals of Europe at the children film community dinner reception at Berlin.



WITH MARGRIET ALBERS, HEAD OF EUROPEAN CHILDREN FILM ASSOCIATION TO LOOK AT CO-PRODUCTION AND EXCHANGE. ALL THIS AT THE TREFFEN DER KINDERFILMSZENE (MEETING OF THE CHILDRENS FILM COMMUNITY)

THOUGHTFUL GIFT - A BOOK ON THE 25 YEARS OF THE CHILDRENS FILM FESTIVAL IN WBERLINALE BY THE ERSTWHELFESTIVAL DIRECTOR - RENATE ZYLLA.

तनिष्क ने पेश किया रिवाह-सभी भारतीय दुल्हनों के लिए शादी के आभूषणों का एक नया सब-ब्रांड



देश का सबसे बड़ा और सबसे पसंदीदा आभूषण ब्रांड तनिष्क ने अपने नए सब-ब्रांड रिवाह की पेशकश की घोषणा की है। अपने दूसरे सब-ब्रांड की पेशकश के साथ तनिष्क ने पूरे भारत की दुल्हनों के लिए हृदय से बने शादी के शानदार आभूषणों की व्यापक श्रृंखला उपलब्ध कराई है, जिसमें बंगलुरु में डिजाइन टीम द्वारा डिजाइन और तैयार किया गया है। तनिष्क का मानना है कि प्रत्येक दुल्हन अपने इस खास दिन सर्वश्रेष्ठ चीज पहनने की अधिकारी है और तनिष्क ने गर्मियों से पहले के शरदियों के सीजन में इस क्षेत्र में कदम रखा है। रिवाह ब्रांड के बड़े और तेजी से बढ़ रहे रिटेल नेटवर्क में उपलब्ध होगा जो फिलहाल 205 स्टोर्स में फैला हुआ है। रिवाह के आभूषणों की कीमत 1 लाख रुपये से शुरू होती है।

RASNA INTRODUCES NEW AD CAMPAIGN 'PYARELAL KA BACHPAN KA PYAR'



Rasna, world's largest manufacturers of instant fruit based concentrate announced its new advertisement campaign 'Pyarelal Ka Bachpan Ka Pyar'. This campaign aims at celebrating the brand's journey of spreading love for decades across generations. Rasna also announced its entry in the baked sweet snack category with the launch of RasnaVitos.

VIVO Y55S के साथ बिलकुल साफ तस्वीरें उतारें



एक प्रीमियम ग्लोबल स्मार्टफोन ब्रांड वीवो ने Y55S लॉन्च करने की घोषणा की और यह 2017 में लॉन्च होने वाला वीवो का दूसरा स्मार्टफोन है। यह डिजाइन भी वीवो की ब्रांड विचारधारा 'केमरा और म्यूजिक' के अनुरूप है। इन्वेंटिव टेक्नोलॉजी और शानदार डिजाइन के बेहतरीन संयोजन का परिणाम यह डिवाइस कीमत को लेकर बेहद सजग रहने वाले प्राइकों को ध्यान में रखते हुए विकसित किया गया है। ऑल न्यू Y55S की कीमत 12,490 रुपये गई है और यह फ़ाइन गोल्ड व स्पेस ग्रे रंग में 26 फरवरी 2017 से देश भर में उपलब्ध होगा। हाल में लॉन्च किया गया यह डिवाइस Y55S (अक्टूबर 2016 में पेश किए गए) का अपग्रेडेड वर्जन और इसमें तेज रैम, बेहद आसान यूजर इंटरफ़ेस के साथ ही लंबे समय तक चलने वाली बैटरी भी है। 13 मेगापिक्सल के रियर कैमरे वाली इस डिवाइस को विशिष्ट तौर पर टेक्नोलॉजी को सम्झने और कैमरा पसंद करने वाले प्राइकों की पसंद को ध्यान में रखते हुए बनाया गया है। इसमें काई के तीन स्लॉट हैं, जो प्राइकों को ज्यादा लचीलताएं देते हैं।

MICROSOFT CONTINUES TO DRIVE DIGITAL TRANSFORMATION IN INDIA ANNOUNCES SKYPE LITE; SIGNS ON SBI FOR MICROSOFT CLOUD



Microsoft today showcased its cloud and mobile technologies that are driving digital transformation across large, medium and small enterprises and across government departments in India. State Bank of India, Flipkart, Tata Motors, and government departments across the states of Andhra Pradesh, Punjab, Maharashtra, Karnataka and Tamil Nadu are using Microsoft's cloud and mobile technologies to empower employees, engage customers, optimize processes and transform products and services.

OPPO MOBILES IS THE NEW TEAM INDIA SPONSOR



OPPO Mobiles India Pvt Ltd., has won the sponsorship rights for Team India through a tender process today. The Team India sponsorship rights are for a period of five years and have been acquired at Rs. 1079.29 crore. The bids were opened today in the presence of a CoA representative - Ms Diana Eduji, BCCI officials and the bidders through a tender process - at the BCCI headquarters in Mumbai. The five years rights period starts on 1st April 2017 and continues until 31st March 2022. This period will see Team India play 14 home series and 20 overseas series, this would also include the ICC Champions Trophy, ICC Cricket World Cup and the World T20 events

India's leading packaged fruit juice company Dabur India Ltd. announced the expansion of its Real Wellnezz range with the introduction of new Real Wellnezz Amla Plus Juice. The Real Wellnezz Amla plus Juice, containing primarily Amla pulp mixed with Apple juice, is a powerhouse of nutrients and is a healthy beverage option to meet the daily nutritional needs of modern day consumers.

DABUR INTRODUCES AMLA JUICE UNDER REAL WELLNEZZ BRAND



**AROUND THE WORLD IN 100 DAYS
NISSAN SETS OFF THE ICC CHAMPIONS
TROPHY ON ITS JOURNEY TO THE UK**



- There are 100 days to go until the start of the ICC Champions Trophy 2017, which will be played in England and Wales from the 1st to the 18th June and features the top eight one-day teams in the world. This milestone also marked the start of the ICC Champions Trophy 2017 Nissan Trophy Tour, a global journey bringing the excitement of the ICC Champions Trophy closer to cricket fans around the world before it arrives in England at the start of the summer.

**NISSAN INDIA SALES
INCREASE BY 25%
IN FEBRUARY 2017**



Nissan Motor India Pvt. Ltd. reported domestic sales of 4,807 units in February 2017 against 3,850 units sold the same month a year ago. Nissan India was the second-fastest growing auto company in the country in February 2017. Its strong sales performance in February is attributable to the ongoing increase in sales of Nissan and Datsun brand vehicles in India, such as Nissan Micra and Datsun redi-GO. Overall robust sales in January and February show that Nissan is off to strong start in 2017.

**INDIA'S ONLY GREEN LIVING AND
LEARNING FESTIVAL SEE SHARP
FEST CONCLUDES ON A HIGH**



Goa, a place that is always known for its beautiful beaches, churches, sea food and nightlife will now also be known for hosting one of the most unique fests. See Sharp, India's first and only green living and learning festival concluded at Ashvem earlier, today. For most it was a learning holiday in the arms of nature, possibly the finest way to define the three-day affair. Air, Water, Fire and Earth, inspired by the elements of nature were the names of the four zones that separated the venue at See Sharp fest. Each of the zones had ample of things to offer to all those who visited them. Various Sessions and workshops related to the specific element were hosted at these zones.

**NAMAMI BRAHMAPUTRA
THE BIGGEST RIVER
FESTIVAL OF INDIA**



Assam's life and culture are deeply influenced by the rejuvenating splashes of Brahmaputra, India's only male river and one of the most powerful rivers of the world. To pay fitting tribute to the river's life-giving prosperity and countless blessings, a five day long event, Namami Brahmaputra is being organized under the visionary leadership of Sh. Sarbananda Sonowal, Chief Minister of Assam, across 21 districts along the Brahmaputra in its entire stretch from Sadiya to Dhubri. It will serve as an ideal platform to showcase Assam's tremendous potential as a state brimming with trade, tourism and culture opportunities.

**SONALIKA ITL CONTINUES
ITS GROWTH TRAJECTORY
BY REGISTERING
26.9% GROWTH
IN FEBRUARY**



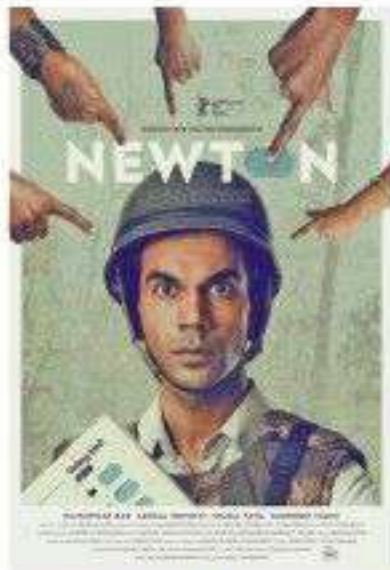
Sonalika International Tractors Ltd, India's third largest tractor brand, makes remarkable progress by registering a whopping 26.9% growth, with a market share of 13% this February. The company sold 5549 units, combining both domestic and exports sales against a figure of 4372 units, sold in February 2016. The export division of the company has achieved an outstanding growth of 153% by achieving a figure of 1060 units sold compared to 418 units in February 2016.

**'FREE SUPPLIES' UNDER
GST SCANNER WILL
AFFECT PHARMA
PROMOTIONS: EXPERTS**



Stock transfer as free Supplies / materials is a practice largely prevailing in the Pharma sector which is not subject to VAT in the current indirect tax structure. As per the estimates of the experts, stock transfer for the promotion accounts about 20-25% cost of an average revenue of a Pharma company which is possibly the highest, comparing other industries. Supply of such goods between two parties as promotion materials / free samples is set to bring under the GST scanner now. If this happens, 'Free Supplies' of a Pharma industry will adversely affect the promotion practices of Pharma industry - mainly B2B segment.

**AFTER MAKING ITS
WORLD PREMIERE
AT BERLINALE
AND WINNING
THE CICAIE AWARD,
NEWTON SET TO MAKE
AMERICAN DEBUT AT
TRIBECA FILM
FESTIVAL'17**



After impressing audiences and critics alike at the 67th Berlin International Film Festival 2017 in February, where Newton made its world premiere and also won the CICAIE Art Cinema Award, Drishyam Film's next film is now selected at the 15th Tribeca Film Festival 2017. Directed by Amit V Masurkar and produced by Manish Mundra, Newton will be competing in the INTERNATIONAL NARRATIVE COMPETITION section of the festival. Starring Rajkumar Rao in the titular role, and featuring a stellar cast including Anjali Patil, Pankaj Tripathi and Raghubir Yadav, the film will have four screenings at the festival, which will be held from 19-30 April in New York City. The Tribeca Film Festival is one of the most prestigious film festivals in the USA, and was founded by Hollywood legend Robert De Niro and American producer Jane Rosenthal in 2002, with a mission to revitalize lower Manhattan in the wake of the 9/11 attacks on the World Trade Center. Newton is the only Indian fiction feature to be selected in competition at Tribeca this year.

**SIMPLY
MASALA**

**VIRAT KOHLI'S SOURCE OF INSPIRATION
IS THE SPIRITUAL
CLASSIC -
AUTOBIOGRAPHY
OF A YOGI**

Ace cricketer and Captain of the Indian Cricket Team Virat Kohli professed his love for Sri Sri Paramahansa Yogananda's *Autobiography of a Yogi* calling it a 'must read for all those who are brave enough to let their thoughts and ideologies be challenged.' The Skipper has posted a heartfelt and compelling recommendation of the spiritual classic on his social media pages across Facebook, Twitter and Instagram. He added 'The understanding and implementation of the knowledge in this book will change your whole perspective and life.'



**ROYAL STAG BARREL SELECT LARGE
SHORT FILMS 'WHITE SHIRT' IS BACK**



Royal Stag Barrel Select Large Short Films, is back with its latest short film, 'White Shirt' by Sumit Arora. The platform has gained immense popularity and has become one of the most credible platforms for releasing short films in India. After the phenomenal success of several short films, this platform releases 'White Shirt', a short film which is all about relationships where a couple decides to move ahead in their respective lives but a white shirt stops them from completely moving away from each other.

**MUSIC DIRECTOR ABHISHEK RAY
GETS MIRCHI MUSIC AWARDS 2017
FOR BEST NON FILM SONG**



Music director-Singer-wild life activist Abhishek Ray is on cloud 9 as his film Wedding Anniversary is releasing on 24th February and he has composed all songs for the film. Music director Abhishek Ray is known for Paan Singh Tohra, Saheb Biwi & Gangster, I Am Kalam, Yeh Saali Zindagi, Welcome Back and many more. He just got best non film song award of the year for his song Aye jahaan aasmaan sing by Sonu Nigam and Shreya Ghoshal and written by Nusrat Badr.

**SHWETA RATHORE
CREATED HISTORY
BY SCORING A HAT TRICK**



The tall young woman with lovely long hair strikes it rich once again. Miss India Shweta Rathore bagged the gold medal once again at the Senior National Body Building Championship- 2017 held at Basketball Indoor Stadium in Indore (M.P.) on February 19, 2017.

**SANKAT MOCHAN MAHABALI
HANUMAAN CELEBRATES THE GREAT FEAT
OF COMPLETING 500 EPISODES**



Sankat Mochan Mahabali Hanumaan has won the hearts of its viewers with its captivating story line and engaging plot. It is not often that a mythology is able to hold the interest of the viewers for such a long time. This show has been able to achieve this because of the brilliant performances of the actors and its strong story.

THE GEN-X VERDICT FOR CHOOSING THE IDEAL PARTNER

Matching With Celebs

A Bollywood-style social media campaign

1500
RESPONSES

22 Million
IMPRESSIONS

5249
TWEETS

31.1%

62.1%

Most important quality you look for in a partner?

HONESTY HARD WORKING GOOD LOOKS

RESPECT UNDERSTANDING

Which celeb has the quality

HONESTY

55%

22%

32%

30%

15%

15%

15%

Which celeb has the quality

HARDWORKING

25%

19%

13%

25%

13%

50%

17%

10%

Which celeb has the quality

GOOD LOOKS

70%

70%

Which celeb has the quality

RESPECT

50%

18%

32%

40%

10%

10%

50%

18%

32%

40%

20%

10%

10%

Bharat Matrimony, the largest and the most trusted matrimony brand recently conducted a social media study to find out the most important criteria that were sought out by single men and women while searching for their life partner and chose a celebrity that matched their desired quality. The study witnessed a whopping 22 million impressions and 1500 responses within two hours from its launch. With Hrithik Roshan leading in looks (70%) followed by Shah Rukh Khan for his honesty (55%), the participants were asked to select from different qualities like hard-work, respect and understanding.

COLORS KHIDKIYAAN THEATRE FESTIVAL 2017 KICKS OFF!



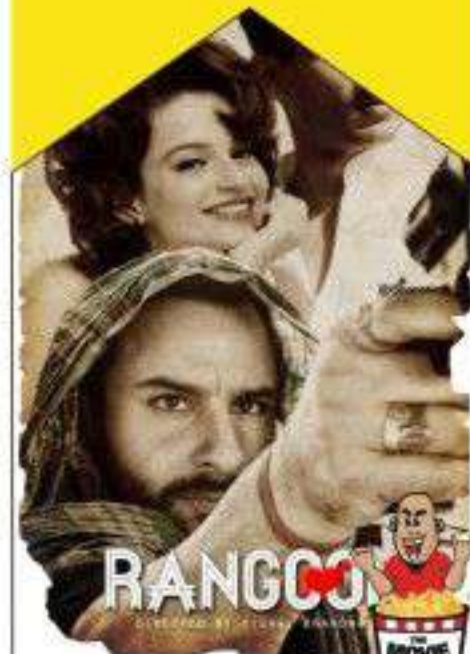
Highlighting Indian theatre's magnanimity, the COLORS Khidkiyaan Theatre Festival 2017 kicked off at Mumbai's Sathaye College at Vile Parle (East). Organized by Mukesh Chhabra Casting Company with Viacom18's Hindi General Entertainment Channel COLORS and Hindi film channel Rishtey Cineplex as its partner. The festival brings together theatre professionals and the Bollywood fraternity to celebrate captivating theatrical excellence. The COLORS Khidkiyaan Theatre Festival 2017 opened to a welcome note by actor Ragini Khanna. The evening also witnessed a musical performance. Ballimaaran by Piyush Mishra followed by a Shradhanjali to Late Shri Om Puri by the veteran actor's contemporaries.

SIMPLY CINEMA

Movie Release on
24 February 2017 (India)



A man (Varun Dhawan) and a woman (Alia Bhatt) fall in love despite their opposing views on gender and life in general.



A sweeping tale of love, jealousy and sinister located authenticity, and largely effectively, as a fictional intersection of war, history and generic movie Review conventions. It is buoyed by superbly modulated performances from the three leads as well as the members of the supporting cast. Rangoon suffers a fair bit on account of its meandering, mazy-sapping length and its disappointingly facile climax. But nothing can undermine its power as a risky but worthwhile cinematic idea that has been executed with flair and gusto. As one would expect in any push in an uncharted direction, not all of it comes off equally well. But why carp when the rest of the film is so magnificently manic. The craftsmanship in Rangoon is from the topmost drawer and its retelling of a crucial chapter of India's freedom struggle is radically revisionist and delightfully original. Vishal Bhardwaj styled a film very well.

होली के उपलक्ष्य में स्टार उत्सव के कलाकारों की राय



होली प्यार और रंगों का त्यौहार है लोग मन की कदता को भुलाकर एक दूसरे को गले लगाते हैं और रंगों से सरोबार कर देते हैं। मैंने हमेशा रंगों से होली खेलते हुए खुब भिटाईयां खाई हैं, पर एक बृन्द इशक शो की होली ऐसी नहीं है। इसमें नफरत व खून की होली है। परन्तु मेरा मानना है कि प्यार के इस उत्सव पर खूब प्यार देना और खुश रहिये होली की शुभकामनाएं।

HOLLYWOOD FILM, PATRIOTS DAY, STARRING ACADEMY AWARD NOMINEE ACTOR TO RELEASE PAN-INDIA ON 3RD MARCH 2017

Mumbai: February 25, 2017: After giving two blockbusters, Lone Survivor and Deepwater Horizon, Hollywood star and Academy Award nominee actor-producer, Mark Wahlberg teams up with the director, Peter Berg again for "Patriots Day" which is slated for its Pan-India release on March 3rd. Based on the true incident, a gripping account of the 2013 Boston Marathon bombings that killed three spectators and wounded more than 260 people, "Patriots Day" re-creates the horror of the attack and the all-consuming manhunt for bombers that followed and tells a powerful story of community's extraordinary courage to face the adversity.



हिंदी फिल्मों की महिला संगीतकार

MUSIC REVIEW



Nawal Pandey

संगीत

की दुनिया

व च ह
अस्थिर बंध
हैं, पर इस बंधन
से पहले उन चर-
पा च महिला
संगीतकारों को चर्चा कर
ली जाए लिखें हिंदी फिल्मों
में संगीत दिया है।

हिंदी सिनेमा की पहली महिला संगीतकार को लेकर भी विवाद है। सरस्वती देवी और जहानबाई में किसने पहले संगीत दिया, इस पर कई मत और राय किये जाते रहे हैं लेकिन 1935 में इन दोनों के फिल्म संगीत में आगमन से एक साल पहले इमरत सुल्तान ने 'अपने जहाँगीर' में संगीत देकर यह विवादास्पद अपने नाम कर लिया था। दुर्भाग्य से इस फिल्म के गीतों को रिकॉर्ड नहीं किया गया था और अब तो इस फिल्म की डिस्क भी उपलब्ध नहीं है। इमरत सुल्तान की तरह ही मुन्नी बच्चू का नाम भी उल्लेख गवा पर उन्होंने भी किसी फिल्म में संगीत नहीं दिया बल्कि जहानबाई की तरह वे भी उस समय के फिल्मी क्षेत्र में ही सक्रिय थी। मुन्नी बच्चू और जहानबाई से पहले 1932-33 में मधुसूता बेगम और गौहर कर्नाटकी के नाम आते हैं लेकिन वे मूल रूप से शस्त्रीय शैली की गायिकाएँ थीं जिन्होंने कुछ फिल्मों के लिए गाने गाए। यह भी सच है कि कुछ फिल्मों में उन्होंने संगीत दिया हो लेकिन इमरत सुल्तान और जहान बाई की तरह इनके भी संगीत के रिकॉर्ड नहीं मिलते। अब सरस्वती देवी और जहान बाई का दावा जवाब तो यह सही है कि जहानबाई की फिल्म 'तलवार-ए-हक' पहले रिलीज हुई थी पर यहाँ भी यही विवाद है कि इस फिल्म के गाने भी रिकॉर्ड नहीं किये गए इसलिए वो गाने बाद रिलीज हिमांशु रॉय के बॉम्बे टॉकीज की फिल्म जवानी की हथ में संगीत देने वाली सरस्वती देवी को हिंदुस्तान की पहली महिला संगीतकार होने का श्रेय प्रदान कर दिया। उन्होंने कुल तीस फिल्मों में काम किया और करीब छेह सौ फिल्मों को अपने संगीत से संवादा। जिस फिल्म ने सरस्वती देवी को संगीतकार के रूप में अपन कर दिया, वह थी 1936 में बनी फिल्म 'अक्षत कन्या'। इस फिल्म में नौ गाने थे। सभी गाने साधारण गानों पर आधारित थे। फिल्म का एक नाम किताब से हो खिलना सरस्वती देवी ने खुद गाया था। सरस्वती देवी को लोकप्रियता प्राप्त तक ही संगीत नहीं रही। संदेह में भी उनका नाम अपरिचित नहीं था।

जहानबाई ने अपनी एक फिल्म निर्माण कंपनी संगीत फिल्म कंपनी के नाम से खोली और इस फिल्म कंपनी के बैनर तले जहान ने जो पहली फिल्म पेठ की सह थी तलवार-ए-हक वह सन 1935 में रिलीज हुई थी। इस फिल्म की निर्देशन गणेश्वर,

संगीतकार, निर्देशक और कहानी लेखिका अर्थात् सभी कुछ वे खुद थीं। उनके साथ हीरे फिर गाकूब से। दोनों पुत्र अक्षर व अनवर के साथ बेबी हानी थी थी, जिसने बाल-कलाकण के रूप में पहली बार कैमरे का सामना किया था। संगीत फिल्म कंपनी के बैनर तले जिलने फिल्मों जहान ने पेठ की जल्मे सबसे पहली पेशकार तलवार-ए-हक के अलावा बर्देन फैशन (1936) और इससे अगले ही वर्ष यानी 1937 में पेठ हुई फिल्म चौवन स्वरूप और मोती का हार उद्योगीय है। चौवन स्वरूप की कहानी तो खुद जहान की अपने चौवनकथा पर आधारित थी। इसमें मोहन बाबू ने भी काम किया था। तलाशपर्व की जिनदगी पर आधारित जहान द्वारा निर्मित एक और फिल्म चौ-दोहा थी।

सिने संगीत में उवा खाना एकमात्र ऐसी महिला रही है, जिसका पदवीय किस्से घुलकटु की भाँति हुआ था और वे इनके रूपक की भाँति रही थीं। उवा खाना की पहचान भारतीय सिने इतिहास की पहली स्थापित महिला संगीतकार के तौर पर बनी थी। अफसोस, वह बरखम का रह सक्ती। इनकी फिल्मोग्राफी चौबत्ती है। 55 साल के कैरियर में इनके खाले में एक दर्जन भी खाले फिल्में थीं नहीं हैं। उन्होंने जिन फिल्मों में संगीत दिया, उनमें से प्रमुख हैं दिल देके देखो (1959), शकल (1964), निशान (1965), अल (1967), मुन्नीबच्चू (1972), अयाशी (1974), सोनार (1983), दिल परदेसी हो गया (2003) आदि। उन्होंने जिस महिलाता और चतुरता से टाकल ठी थी, वह अदावे-बया वन किलम घडर हो कन्कर रह गया। अभी सटी गुजरने के बाद भी हम उन्हें दिल देके देखो के जबरदस्त मेलेटिक्स और खुबसूरत गीतों की वाद करते हैं। शशाधर मुखर्जी ने किलम हम हिंदुस्तानी में उवा खान- बंद बंधा दिया। इसमें मुकेश का गाय गीत छोड़ो कल की बातें, कल की बात पुरानी, नए दौर में लिखने मिलकर नई कहानी बहुत प्रसिद्ध हुआ। 1979 में उन्हें देसा मीका मिला। वेपुदस से उन्होंने एक गीत कलका दिल के टुकड़े-टुकड़े करके, घुलकटुके चल दिये, जाते-जाते ने ते बला ज, हम जौयो किम्के लिए नो फिर यधुर बन पडा। इतना दिल हुआ कि उन्हें फिल्मकेवर आबौंद में नाला गया। इसके कुछ साल बाद उवा खान ने अपने पति सावन कुमार टाक की सौत फिल्म के गीत कथेन किया। हिट हुए। अखिर उवा की फिल्मकेवर नयाकन मिला, लेकिन उनके बाद फिर गुमानगी का एक और मिलीसिता... 1980 में रिलीज किलम अग ले ऐसे न थे का रफी का गाय मखर गीत तू इस तरह से मेरी जिंदगी में शामिल है बेहलीन गीत है। असल में, उवा खान पुरीम-अमावस की तरह रही, न पुरी तरह खरिद न पुरी तरह नकराबंद, उनका होना, उनके होते हुए भी नहीं होने के बराबर रह।

मेला खानवलकर पहली भारतीय महिला संगीतकार है, जो फिल्मों में कामयाबी का रास्ता चुन रही हैं। उनका संगीत कुछ हट के है। वह इसलिए क्योंकि संगीत उनके खून में है और वे हमेशा अलग ढंग से सोचना पसंद करती हैं। एकता कपूर की फिल्म लव, सेक्स और बेस्ट से अपने करियर की शुरुआत करने वाली मेला ने 2009 की राष्ट्रीय पुरस्कार से सम्मानित फिल्म ओए लकी लकी ओए का संगीत देकर बीलीबुट में अपनी एक अलग पहचान बरखम की। इसके बाद उन्होंने सलार बेखरी की भेता झाई-2 में जिस अंदाज का संगीत रचा, अपने फिल्म उद्योग की इस अकेली महिला संगीत निर्देशक के बारे में सैकड़ सोचने की मजबूर कर दिया। मेला ने अपने करियर की शुरुआत रामगोपाल बर्मा की फिल्म से से किया था। इसके बाद रामगोपाल बर्मा ने उन्हें अपनी महत्वकांक्षी फिल्म सलकार राज में एक गाने का संगीत तैयार करने की जिम्मेदारी सौंपी। जन्मदा, कवित्त और संगीत को एक रचना में खलने का सपना लेकर वे अपने शहर इंदौर से मुंबई पहुंची थीं और अपनी उन जहाँ की खालेगी हुए उन्होंने अर्थात्क संगीत को एक नया तैयार दिया। संगीत की प्रामाणिकता को लेकर उनमें गजब का जन्म है। उसे का नयेका है कि अनुपम कश्यप की आने वाली फिल्म रीस ऑफ चाहेपुर के संगीत के लिए वे विहार में ले चलकी हो, विहारी मूल के लोगों के चरनी संगीत की प्रामाणिक ध्वनिज जुटाने को वेस्ट इंडीज के द्वीपों में जा पहुँची। इन्हीं तरह ओए लकी लकी और के लिए कुछ ध्वनिज पकड़ने को वे हरियाणा में प्रहर-दर-प्रहर, गांव-गांव पुरीं। तू राज की राजदुतानी गाने को उन्होंने 11 साल के राजवीर से मलाया। अधुनिक संगीत में लोक का वे बेहत खुबसूरती से मिश्रण करती आ रही हैं।





ARIES

मेष

13 अप्रैल से 14 मई

शिव के साथ महाभारती होने की अवकाश है। बड़ों की फ्लोट पर ध्यान दे। व्यवहार में सीरिअसनी से बचें। अनजान लोगों के साथ सोच समझ कर काम करें। दिनांक 10 से 13 सतान पक्ष की ओर से शुभ संभावना मिल सकता है। उद्योग में पुनर्जीव बंद करने से शुभ फलों में वृद्धि होगी। शुभ अंक 1 व शुभ रंग लाल।



TAURUS

वृष

15 मई से 14 जून

कार्यक्षेत्र में बड़ी निर्याती मिलने की संभावना है। अपने मन की बात कह दे शिव में सुधार होगा। अपने कूट संस्कार का लोहा पिरोने की सवारी। दिनांक 3 से 5 राज्य पक्ष से लाभ हो सकता है। खेती में नरियका धन करने से शुभ फलों में वृद्धि होगी। शुभ अंक 5 व शुभ रंग नीला।



GEMINI

मिथुन

15 जून से 13 जुलाई

देशोद्योग के अभाव में अच्छी योजना में धटा हो सकता है। निम्न घामने उद्योग से तनाव बचने की संभावना है। धनुकथा में निर्यात करने पर धन मिलेगा है। दिनांक 12 से 35 पुनः अर्थक धन मिलने की संभावना है। खेती की ओर गंभीर आने पर रतने से शुभ फलों में वृद्धि होगी। शुभ अंक 6 व शुभ रंग सफेद।



CANCER

कर्क

16 जुलाई से 16 अगस्त

कर्म में देरी होने की संभावना है। निवारणपर धनने सुलभ सकते हैं। वेजनों में निवेश से लाभ हो सकता है। दुल्ही के बरामने में उद्योग से बचें। दिनांक 20 से 23 सतान की ताक में शिव हो सकता है। रसोई में वैद्यक पोषक करने से शुभ फलों में वृद्धि की संभावना है। शुभ अंक 1 व शुभ रंग क्रीम।



LEO

सिंह

17 अगस्त से 16 सितंबर

निजी बात को लेकर अलग ध्यान हो सकता है। क्रोध को नियंत्रण में रखकर कार्य पर ध्यान दे सकता है। मित्रों से अलग के खेत मिलने की संभावना है। दिनांक 13 से 15 समुदाय पक्ष में लाभ हो सकता है। पत्नी का मन रखने से शुभ फलों में वृद्धि होगी। शुभ अंक 3 व शुभ रंग लाल।



VIRGO

कन्या

17 सितंबर से 16 अक्टूबर

धर्म के कार्यों में धन्य भावना करने की बजाय पहले कार्यों पर ध्यान दे सकता है। मित्रों से अलग के खेत मिलने की संभावना है। दिनांक 5 से 7 प्रकृति में निवेश से लाभ हो सकता है। माता की पुनर्जीवने से शुभ फलों में वृद्धि होगी। शुभ अंक 6 व शुभ रंग हरा।



LIBRA

तुला

17 अक्टूबर से 13 नवंबर

आपके इतने पूरे होने की संभावना है। योजना में बदलाव करे लाभ के अवकाश मिलेंगे। नौकरों/शिवा लोगों की अधिकारी प्रस्ताव करेगी और लाभ हो सकता है। दिनांक 17 से 19 सतान संभावना से चलाने, दुर्घटना होने का धन है। योजना की रोक करने से शुभ फलों में वृद्धि होगी। शुभ अंक 5 व शुभ रंग सफेद।



SCORPIO

वृश्चिक

14 नवंबर से 14 दिसंबर

प्रशासकनी लेखों से लाभ करेगी। कला धन मिलने के अवकाश है। दुल्हों को वैरिअर में अपने प्रस्ताव मिलने की संभावना है। अपने कार्य पूरे हो सकते हैं। दिनांक 5 से 7 पत्नी की फल हो सकता है। लाल रंग के फूल जमीन में दफने से शुभ फलों में वृद्धि होगी। शुभ अंक 9 व शुभ रंग लाल।



SAGITTARIUS

धनु

15 दिसंबर से 13 जनवरी

कार्यक्षेत्र पर विशेष ध्यान दें। दिनांक के कार्यों से बचें बड़ी उद्योग से बच सकते हैं। अत्यधिक कार्य से बचत जना पर सकता है। दिनांक 10 से 12 कोई शुभ संभावना मिल सकता है। इतनी का शिवक प्रतिदिन लगाने से शुभ फलों में वृद्धि होगी। शुभ अंक 1 व शुभ रंग नीला।



CAPRICORN

मकर

14 जनवरी से 13 फरवरी

समय लेने से धनधान होने की अवकाश है। धोखा हो सकता है। अपनी सुलभता से विगटे काम करेगी। परिवारिक सुखों में वृद्धि होगी। दिनांक 10 से 13 अर्थक हो सकता है, सावधानी करें। सुद सोने का छल खारण करने से शुभ फलों में वृद्धि होगी। शुभ अंक 8 व शुभ रंग काला।



AQUARIUS

कुंभ

14 फरवरी से 13 मार्च

निजी कार्यों में बड़ी उद्योग से संभावना हो सकती है। शिव का सहयोग मिलेगा। अचानक कार्यकारी फल हो सकती है जो लाभदायक होगी। दिनांक 11 से 13 हाथ में घंटा लगाने का धन है, सावधानी करें। काले उद्योग का धन करने से शुभ फलों में वृद्धि होगी। शुभ अंक 4 व शुभ रंग हरा।



PISCES

मीन

14 मार्च से 12 अप्रैल

क्रोध में बड़ी बात से शिवे खारण हो सकते हैं। परिवारों का सहयोग मिलेगा। दुल्हों बचने की संभावना है। अधिकारी आपके कार्य से प्रभावित होंगे। दिनांक 17 से 19 पुर्न के विषय में कोई शुभ संभावना मिल सकता है। 300 ग्राम धने की दान 3 दिन पहले फलों में लगाने से विगटे काम करेगी। शुभ अंक 1 व शुभ रंग नीला।



राशिफल

मार्च 2017



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